

Working with Arab and Middle Eastern Population: Cultural and Clinical Considerations

The Arab/ Middle Eastern community constitutes a culturally rich and diverse ethnic group; however, in contrast to other ethnic groups in the United States, this group has received little attention in the literature. This seminar will provide a brief description of Arab populations with regard to ethnic, religious and cultural backgrounds. It will also explore the impact of actual and perceived experiences of discrimination and prejudice on Arab client mental health. Finally, this seminar will present recommendations for culturally sensitive treatment interventions for clinicians who wish to work with this population.

Target Audience
Psychologists Social Workers Counselors
Therapists Psychiatrists Nurses
Course Level: Advanced

- Learning Objectives**
At the end of this seminar, participants will be able to:
1. Delineate cultural, ethnic, and religious backgrounds of Arab populations living in the United States of America.
 2. Describe factors impacting acculturation and ethnic identity formation for Arab populations.
 3. Identify the challenges faced by Arabs as part of the acculturation process in the USA.
 4. Identify cultural factors and barriers that impact treatment utilization of Arab individuals.
 5. Identify practical recommendations for clinicians working with Middle Eastern/ Arab clients.

Seminar Schedule
This seminar runs from 10-1:15 PM Eastern Time.

How To Register:
On-Line at tzkseminars.com
Register On-Line for only \$69

Outline
Begin 10 AM ET
Characteristics of Arab Immigrants
Acculturation Patterns
Cultural and Religious Values
Break 11:30-11:45 AM ET
Barriers for Treatment Utilization
Culturally Sensitive Treatment Interventions
End 1:15 PM ET

Our seminars are available in two formats. The first is a live, interactive webinar. You can ask questions of our presenters, either by typing them or speaking into a microphone. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

Continuing Education Credit
To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times. Participants will earn 3 CE's for attending once they have completed these requirements.
PSYCHOLOGISTS: tzkseminars is approved by the American Psychological Association to sponsor continuing education for psychologists. tzkseminars maintains responsibility for this program and its content.
SOCIAL WORKERS: tzkseminars (Provider # 1242) is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. tzkseminars maintains responsibility for this course. ACE provider approval period: 3/28/2022 to 3/28/2025. Social workers completing this course receive 3 general continuing education credits.
COUNSELORS: tzkseminars has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6621. Programs that do not qualify for NBCC credit are clearly identified. tzkseminars is solely responsible for all aspects of the programs.
tzkseminars is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0024.
tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists #0001.
tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #0003.
tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #0004.
tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts #0002.
tzkseminars is recognized by the New York State Education Department's State Board for Psychologists as an approved provider of continuing education for licensed psychologists #PSY-003.
tzkseminars is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

The Presenter
Dr. Mary N. Iskarous began mental health service in her home country of Egypt where she served as Director of the Drug Proofing Your Kids program in Cairo, Egypt. During her service, she witnessed the impact of stigma, prejudice, and isolation of those suffering from mental illness, substance abuse, and sexual identity concerns. She felt compelled to seek additional education that would enable her to help preserve the dignity of these vulnerable populations as an advocate and mental health professional. Dr. Iskarous sought graduate education in the United States and graduated with her Doctorate in Clinical Psychology from Regent University in 2013. In line with her passion for Arab populations, her graduate research explored the experiences of Arab Americans with same sex attraction and highlighted the challenges this group faces as they develop an integrated sexual and ethnic identity. Her interest in working with ethnic and sexual minorities has led to ongoing efforts to provide education to clinicians interested in working with Arabic speaking persons. Additionally, Dr. Iskarous has pursued opportunities to provide care for individuals with severe mental illness and those with comorbid disorders. She currently works at as a licensed clinical psychologist at an inpatient psychiatric hospital in Virginia, where she provides services as part of a recovery-oriented and trauma-informed treatment program.

General Information
The TZKseminars educational planning committee members and this seminar's presenter have no relationship with a commercial interest pertinent to the content of this seminar.
Individuals with a disability or special need can go to tzkseminar.com to the Contact page to request accommodations.

This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, Daphne Fatter, Ph.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2025.
To cancel a registration, go to the Contact page. You will be charged \$30 for any cancelled registration.
If you would like to file a grievance, go to tzkseminars.com and read our Grievance Policy. Then, you can file a grievance on our Contact page. You can also send a written grievance to:

