

# Generational Trauma

Working with youth can be challenging given the generational patterns of trauma, poverty, incarceration, etc. So, it's essential for providers to understand generational trauma and how to work with youth from a generational perspective. Without this perspective, we can have unrealistic expectations for youth and their families and encounter barriers to engagement. Providers will learn strategies to support youth with generational patterns of trauma within their families.

Many youth, especially foster care and juvenile justice youth, come from generational cycles of trauma and oppression. So, it's necessary for providers to understand these generational patterns to effectively partner with these youth and their families.

## Target Audience

Psychologists      Social Workers      Counselors  
Therapists          Psychiatrists      Nurses  
Course level: Intermediate

## Learning Objectives

At the end of this seminar, participants will be able to:

1. Define generational trauma.
2. Identify at least one reason a family member may not acknowledge a youth's trauma.
3. Describe the unintended consequences when providers only serve the youth and not the family as a whole.
4. Describe a multigenerational approach.
5. Identify at least one health disparity related to generational trauma.

## Seminar Schedule

Begin 10AM EST and end 2:15 PM, with a 15 minute breaks at 11:45.

## Outline

10:00(EST) - 10:15 Welcome and introduction

10:15 - 11:45 Intergenerational patterns of trauma

11:45 - 12:00 Break

12:00- 1:15 Health disparities, Intergenerational poverty and incarceration

1:15 - 2:00 Intergenerational Resilience & Multigenerational Approach

2:00-2:15 Closing, Q&A

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## The Presenter

Nicole Klasey is a clinical psychologist who has worked with trauma survivors for 14 years. She currently consults with agencies on trauma-informed care, programming for commercially sexually exploited youth, vicarious trauma, and leadership development. Nicole has been training multidisciplinary audiences on trauma-related topics since 2015 and provides guest lectures at local universities on human trafficking. She has developed several of the training curriculums that are being utilized in Los Angeles County and throughout California to better equip social service providers on working with commercially sexually exploited youth. She has been an expert witness on commercial sexual exploitation and trauma in court. She has authored two books on commercial sexual exploitation and authored prevention and intervention curriculums for the population. In 2018, Nicole was awarded the State of California Senate Certificate of Recognition by Senator Joel Anderson.

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, Daphne Fatter, Ph.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2025.

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