

Parent Coaching: Uncovering Influences and Promoting Change

Therapy with adults or couples with children frequently presents opportunities to help parents understand and improve parent-child dynamics. Parenting reveals implicit and unconscious expectations about raising children that are often culturally determined, and based on each parent's own childhood experiences. This seminar draws on theories from systems, object relations and the parenting literature to show how unconscious factors get played out in the parent-child relationship. Therapists can help parents identify ways that their own childhood experiences, and aspects of the marital relationship, are played out in the parenting process. Through presentation of theory, and case examples, participants will be able to understand how to raise and explore parenting dynamics in the therapy session, and help parents find new ways of relating to their children and each other. This is particularly important in work with highly conflicted couples, even those who have divorced but have difficulty co-parenting.

Target Audience

Psychologists Social Workers Counselors
Therapists Psychiatrists Nurses
Course level: Intermediate

Learning Objectives

At the end of this seminar, participants will be able to:

- 1) Identify the ways that culture and extended family can influence expectations and parenting practices.
- 2) Become familiar with the concepts of identification, disidentification and projective identification, and the way that childhood experiences are revived in the parenting process.
- 3) Define a parenting-team approach that allows couples to recognize and accommodate each other's strengths and differences.
- 4) Identify how power and triangulated conflict effects parenting, particularly in families with high levels of conflict.
- 5) Identify ways to point out how unconscious processes are impacting parents.

Seminar Schedule

Typically begins at 12:00 PM and ends at 3:15 PM Eastern time. There is one 10 minute break. However, check the webinar schedule.

Outline

Factors that effect parenting: (80 minutes)

- The influence of culture
- The influence of respected others
- Power dynamics within the couple
- Unconscious factors (identification, projective identification and disidentification)

Creating a safe space to explore parenting (10 minutes)

- Engaging parents (exploring judgment, shame and ambivalence)

15 minute break

Interventions and Case Examples (60 minutes)

- Identifying emotions that get triggered in parenting
- Exploring the parents view of the child and expectations
- Helping parents identify the differences between them and the ways this may complicate parenting
- Creating an effective parenting team

Parenting in Highly Conflicted/ Divorced couples (15 minutes)

Our seminars are available in two formats. The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times. Participants will earn 3 CE's for attending once they have completed these requirements.

PSYCHOLOGISTS: tzkseminars is approved by the American Psychological Association to sponsor continuing education for psychologists. tzkseminars maintains responsibility for this program and its content.

SOCIAL WORKERS: tzkseminars (Provider # 1242) is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. tzkseminars maintains responsibility for this course. ACE provider approval period: 3/28/2019 to 3/28/2022. Social workers completing this course receive 3 general continuing education credits.

COUNSELORS: tzkseminars has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6621. Programs that do not qualify for NBCC credit are clearly identified. tzkseminars is solely responsible for all aspects of the programs.

tzkseminars is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0024.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists #0001.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #0003.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #0004.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts #0002.

tzkseminars is recognized by the New York State Education Department's State Board for Psychologists as an approved provider of continuing education for licensed psychologists #PSY-003.

tzkseminars is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The Presenter

Judith Siegel is a Professor at the Silver School of Social Work at New York University where she is Director of the Post Masters Certificate Program in Child and Family Therapy and the Coordinator of the online Post Masters Certificate Program in Advanced Clinical Diagnosis and Assessment. Dr. Siegel also serves as the Editor-in-Chief of the Journal of Family Social Work. She is a recognized leader in the field of couple treatment, and represents an approach that draws from Object Relations, systems and neurobiology. Her books include *Repairing Intimacy* (Jason Aronson), *Countertransference in Couples Therapy* (co-authored with Marion Solomon and published by Norton Press), *What Children Learn From Their Parents Marriage* (Harper Collins) and *Stop Overreacting* (New Harbinger). She has presented her work on Object Relations Couple Treatment throughout the United States, Canada, England, Israel and Australia, and is a regular presenter at the Ackerman Institute for The Family in New York.

General Information

The TZKseminars educational planning committee members and this seminar's presenter have no relationship with a commercial interest pertinent to the content of this seminar.

Individuals with a disability or special need can go to tzkseminars.com to the Contact page to request accommodations.

This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, and Loreen Yearick, MSN, RN. This approval expires on March 1, 2022.

To cancel a registration, go to the Contact page. You will be charged \$30 for any cancelled registration.

If you would like to file a grievance, go to tzkseminars.com and read our Grievance Policy. Then, you can file a grievance on our Contact page. You can also send a written grievance to:



Tzkseminars
6030 Daybreak Circle, Suite A150/355
Clarksville, Md. 21029