

Treating Families on the Autism Spectrum

The treatment of individuals diagnosed with Autism Spectrum Disorder (ASD) is comprised of a range of therapies. In a sense, it takes a spectrum of treatments to treat a spectrum disorder. Anyone working with individuals on the autism spectrum benefits from understanding the standard range of treatments as well as the diagnostic issues involved. In addition, the individual on the autism spectrum exists within the context of their family, and it is useful to understand the common experiences of these families that are themselves, living on the spectrum. In other words, to be in family in which autism is present creates their own culture.

Target Audience		
Psychologists	Social Workers	Counselors
Therapists	Psychiatrists	Nurses
Course level: Intermediate		

Learning Objectives

At the end of this seminar, participants will be able to:

1. Identify the primary characteristics of an individual on the autism spectrum
2. Describe similarities and differences with other diagnoses.
3. Explain the primary clinical interventions for those on the autism spectrum.
4. Describe the challenges common to families on the autism spectrum
5. Articulate specific aspects of conducting therapy with families that have a neurodiverse member.

Seminar Schedule

The webinar outline is attached. See the Live Webinar page for the start and end times.

Outline

- 10:00 *Diagnostics*
DSM-V
Shift from Asperger's Disorder
Diagnostic confusion
The ADOS
- 10:45 *Characteristics:*
Range of disorder
Joint Attention
Theory of Mind
Biological Challenges
The Autism Trait Scale
- 11:30 *Break*
- 11:45 *Individual Interventions:*
Occupational Therapy
Medications
Applied Behavioral Analysis
- Lunch 1:00-1:30*
- 1:30 *Stanley Greenspan, Floortime*
Steven Gutstein-DIR
Ross Greene-Collaborative Problem Solving
Social Stories
- 3:30 *Break*
- 3:45 *Family Issues:*
Uniqueness from standard family therapy practice
- 4:15 *Case Study and video of Created Family case with speaker conducting therapy.*
- 4:45-5:00 *Q and A*
- End of seminar*

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Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times.. Participants will earn 3 CE's for attending once they have completed these requirements.

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The Presenter

Scott Browning, Ph.D., ABPP is a professor Emeritus of psychology in the doctoral program at Chestnut Hill College in Philadelphia. Dr. Browning has published numerous books, chapters and articles on topics ranging from stepfamilies, addictions, paradoxical interventions, autism, intersectionality, empathy and measuring treatment outcome. Scott 's awards for scholarship and teaching include: co-recipient of the Distinguished Contribution to Family Psychology Award given by Division 43 of the American Psychological Association, the Distinguished Contribution award from the Pennsylvania Psychological Association and the Lindback Award for Distinguished Teaching. Scott is on the editorial board of the Journal of Family Transition. Scott's most recent co-authored book, *Treating Families on the Spectrum*, examines a range of clinically relevant issues with this population that continues to need greater understanding. Scott Browning is also a member of a family on the autism spectrum.

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Laura Davie, LICSW, Tina Jenkins, Psy.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2028.

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