

# Identification & Treatment of Youth at Risk for Psychosis

Psychotic disorders such as schizophrenia are considered to be among the most debilitating and distressing mental health conditions. Despite impacting approximately 3% of the population, many clinicians lack the training and resources to recognize and best work with this vulnerable group of people, leaving many with psychosis isolated, stigmatized, and without help. Nonetheless, growing evidence suggests that, with tailored early intervention, many people with psychosis can recover from illness and lead a life of their choosing in the community. This seminar will familiarize you with psychosis, emphasizing the early phases of illness. It will then demonstrate strategies for reducing stigma, increasing empathy, and facilitating early identification. I will share screening tools and briefly touch on treatment strategies, as well as provide clinical resources for comprehensive specialty care.

## Target Audience

Psychologists  
Therapists

Social Workers  
Psychiatrists

Counselors  
Nurses

Course level: Intermediate

## Learning Objectives

At the end of this seminar, participants will be able to:

1. Recognize early phases and symptoms of psychotic illnesses.
2. Describe attenuated / subthreshold symptoms typically assessed to determine psychosis-risk status.
3. Identify myths associated with psychosis and be equipped with destigmatizing strategies.
4. Demonstrate awareness of psychosis-risk assessment and consultation services as well as the potential benefits of specialized treatment for this population.
5. Identify psychosocial interventions for youth at risk for psychosis.

## Seminar Schedule

The webinar outline is attached. See the Live Webinar page for the start and end times.

## Outline

Begin 3 PM ET

Introductions, Introduction to Psychosis, Empathy Building

Duration of Untreated Psychosis/Importance of Early Intervention, Assessment

BREAK 4:30-4:45 PM ET

Vignette, Stigma/Media (time permitting)

Introduction to Psychosocial Interventions, Shared Decision Making

Resources, Questions/Wrap Up

End 6:15 PM ET

Our seminars are available in two formats. The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

### Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times. Participants will earn 3 CE's for attending once they have completed these requirements.

PSYCHOLOGISTS: tzkseminars is approved by the American Psychological Association to sponsor continuing education for psychologists. tzkseminars maintains responsibility for this program and its content.

SOCIAL WORKERS: tzkseminars, llc, Provider Number 1242, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 3/28/25 to 3/28/28. Social workers completing this course receive 3 general continuing education credits.

COUNSELORS: tzkseminars has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6621. Programs that do not qualify for NBCC credit are clearly identified. tzkseminars is solely responsible for all aspects of the programs.

tzkseminars is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0024.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists #0001.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #0003.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #0004.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts #0002.

tzkseminars is recognized by the New York State Education Department's State Board for Psychologists as an approved provider of continuing education for licensed psychologists #PSY-003.

tzkseminars is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

## The Presenter

Dr. Jason Schiffman earned his Ph.D. in Clinical Psychology from the University of Southern California in 2003 and is currently a Professor and Director of Clinical Training at the University of California, Irvine, within the Department of Psychological Sciences. His research is dedicated to enhancing the identification and treatment of individuals at risk for psychosis, with a particular focus on refining diagnostic processes, exploring the efficacy of psychosocial interventions, reducing stigma, and addressing health inequities. Dr. Schiffman has published over 200 scientific articles and serves on the editorial boards of *Psychiatric Services*, *Schizophrenia Bulletin*, and *Early Intervention in Psychiatry* (the latter of which he is an associate editor). He has successfully secured over \$20 million in external funding, including four active grants from the National Institute of Mental Health (NIMH), one of which is focused on suicide prevention for individuals at clinical high risk (CHR) for psychosis. Dr. Schiffman has co-founded three university-community partnerships dedicated to supporting individuals at risk for psychosis, including a SAMHSA-funded CHR program in Maryland and a CHR program in Southern California. He is a nationally recognized consultant, providing guidance to numerous CHR programs across the country, and is an active member of the Early Serious Mental Illness Treatment and Technical Assistance (ESMI TTA) team, where he contributes to national efforts to enhance early intervention services. Additionally, he is one of only a few certified trainers in the administration of the Structured Interview for Psychosis Risk Syndromes (SIPS). Dr. Schiffman is also leading the development of a new Ph.D. program in Clinical Psychology at UC Irvine, further advancing the field through education and training.

## General Information

The tzkseminars educational planning committee members and this seminar's presenter have no relationship with any ineligible companies—those whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients.

Individuals with a disability or special need can go to [tzkseminar.com](http://tzkseminar.com) to the Contact page to request accommodations.

This seminar has been reviewed and approved by Keith Hannan, Ph.D., Laura Davie, LICSW, Tina Jenkins, Psy.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2028.

To cancel a registration, go to the Contact page. You will be charged \$30 for any cancelled registration.

If you would like to file a grievance, go to [tzkseminars.com](http://tzkseminars.com) and read our Grievance Policy. Then, you can file a grievance on our Contact page. You can also send a written grievance to:



tzkseminars, LLC  
168 West Lake Drive  
Annapolis, Md. 21403