

## Alzheimer's Disease: Navigating New Research and Clinical Practice Developments

This webinar provides a research and practice update on Alzheimer's disease, with a focus on (1) new treatments, (2) diagnostic guidelines that rely heavily upon biomarkers and enable asymptomatic detection and diagnosis, and (3) growing prevention science. This workshop will use the 2021 APA Guidelines for the Assessment of Dementia and Age-Related Cognitive Decline as a framework to guide clinicians in navigating these developments and will provide attendees with a broad overview of Alzheimer's disease and the psychologist's role in assessment and intervention. The workshop describes an emerging practice opportunity for helping older adult and middle-aged clients to navigate a rapidly changing landscape.

### Target Audience

Psychologists  
Therapists  
Social Workers  
Psychiatrists  
Counselors  
Nurses  
Course level: Intermediate

### Learning Objectives

At the end of this seminar, participants will be able to:

1. Identify clinical symptoms of Alzheimer's disease and related dementia syndromes.
2. Summarize key changes in the APA dementia assessment guidelines as they apply to clinical practice.
3. Discuss pharmacological dementia interventions and their evidence base.
4. Evaluate the utility of recently proposed research and clinical diagnostic criteria for Alzheimer's disease.
5. Analyze the efficacy and accessibility of new diagnostic tests for Alzheimer's disease.

### Seminar Schedule

The webinar outline is attached. See the Live Webinar page for the start and end times.

### Outline

Begin 12 PM ET

12-12:30 Overview of dementia, mild cognitive impairment, Alzheimer's disease

12:31 - 01:00 New treatments for Alzheimer's disease, biomarkers

1:01 - 1:30 New diagnostic criteria; prevention science updates

1:31 - 2:15 APA Guidelines for the Evaluation of Dementia and Age-Related Cognitive Changes

2:16 - 3:00 Family caregiving, midlife Alzheimer's risk and psychological context

End 3:15 PM ET

Our seminars are available in two formats. The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

### Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times. Participants will earn 3 CE's for attending once they have completed these requirements.

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### The Presenter

Benjamin Mast, Ph.D., ABPP, is a licensed clinical psychologist, a board certified clinical geropsychologist and a Fellow with the Gerontological Society of America. He serves as Professor and Chair in the Department of Psychological & Brain Sciences at the University of Louisville. He has served as president of the Society of Clinical Geropsychology (APA Division 12, Section II) and co-Editor in Chief of the American Psychological Association Handbook of Clinical Geropsychology (2015, American Psychological Association). Dr. Mast is the chair of the American Psychological Association task force to revise the Guidelines for the Evaluation of Dementia and Age-Related Cognitive Change. Dr. Mast has written several books on dementia, mild cognitive impairment and Alzheimer's disease including *Whole Person Dementia Assessment* (2011, Health Professions Press), *Second Forgetting: Remembering the Power of the Gospel During Alzheimer's Disease* (2014, Zondervan/HarperCollins), and *Alzheimer's Disease, Dementia and Mild Cognitive Impairment* (2017, Hogrefe). Dr. Mast is active in conducting dementia evaluations at the Optimal Aging Clinic at the University of Louisville.

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Laura Davie, LICSW, Tina Jenkins, Psy.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2028.

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tzkseminars, LLC  
168 West Lake Drive  
Annapolis, Md. 21403