

CURRICULUM VITAE

Jeffrey Zimmerman, Ph.D., ABPP
Clinical Psychologist

CONTACT INFORMATION

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LICENSURE/CERTIFICATIONS

2022 Licensed Psychologist Massachusetts #11697-PY-PR
2021 Florida telehealth provider registration #TPPY887
2020 Licensed Psychologist: State of Massachusetts #1230-PY-PR-TEMP
2011 Certificate in Advanced Parenting Coordination, University of South Florida
2009 American Board of Professional Psychology – Clinical Psychology, #6587
2008 Licensed Psychologist: State of New York #017586
1999 Certificate of Professional Qualification in Psychology, Association of State and Provincial Psychology Boards, CPQ#249; Interjurisdictional Practice Certificate (2010)
1985 National Register of Health Service Psychologists #34237
1981 Licensed Psychologist: State of Connecticut #944

HONORS & AWARDS

2023 Distinguished Professional Contribution Award, Division 42, Independent Practice
2019 Mentoring Award, American Psychological Association, Division 42, Independent Practice
2016 Distinguished Fellowship in the National Academies of Practice (NAP) and the Psychology Academy as a Distinguished Practitioner & Fellow.
2011 Fellow, American Psychological Association (Division 42, 2010; Division 29, 2011)
2009 Fellow, American Academy of Clinical Psychology
2004 Distinguished Contribution to the Practice of Psychology, Connecticut Psychological Association
1997 Fellow, Connecticut Psychological Association

EDUCATIONAL BACKGROUND

1980 Doctor of Philosophy, Clinical Psychology. University of Mississippi, University, MS
1978 Master of Arts, Clinical Psychology. University of Mississippi, University, MS
1975 Bachelor of Science, Psychology, *magna cum laude* The American University, Washington, D.C.

PROFESSIONAL EXPERIENCE

2022-2024 Proposed and then ran APA Practice Helpline serving APA members.
2019-Present Reviewer (2019), and Editorial Board (2021-Present) *Psychotherapy*
2016-Present Consulting Editor (2016) and Editorial Board (2017- 2024), "APA Journal of Psychotherapy Integration" Society for Psychotherapy Integration (SEPI)

- 2016 Guest Editor: "Journal of Clinical Psychology: In Session": Special Issue on Divorce.
- 2015-Present Editor (2017-Present), Consulting Editor (2015-2016), "Practice Innovations" Journal of Division 42, Independent Practice, the American Psychological Association
- 2011-Present Co-Founder and President, The Practice Institute, LLC. Behavioral Health Practice Consultation Organization.
- 2007-Present Private practice with specialties in psychotherapy, divorce services, conflict resolution and organizational consulting/training.
- 1985-2007 President, Co-founder and Managing Partner, Connecticut Psychological Group, P.C./CPG Behavioral Health Resources/Beacon Behavioral Services, LLC, Avon, CT. Interdisciplinary group practice.
- 1984-1986 Consultant, Phobia Service, Department of Psychiatry, Mount Sinai Hospital, Hartford, CT.
- 1985 -1986 Consultant, State of Connecticut, Bureau of Disability Determination, Hartford, CT.
- 1982-1985 Private Practice (part-time), Hartford, CT.
- 1981-1985 Staff Therapist, Psychologist, Coordinator and then Chief, Psychology Services, Department of Rehabilitation Medicine, Mount Sinai Hospital, Hartford, CT.
- 1980-1981 Staff Therapist, Parent Child Resource Center, Willimantic, CT.

TEACHING EXPERIENCE

- 2022 - Present Guest Lecturer. Oriental Insight, Wuhan, China. Prepared and co-taught semester course on practice management.
- 2017 - 2022 Adjunct Professor: University of Redlands, School of Education. Prepared curricula for 3 business of practice post-graduate certificate courses (i.e., EDUCCS 610: Entrepreneurship and Niche Practices for Mental Health Professionals; EDUCCS 612: Practice Finances for Mental Health Professionals, Management; EDUCCS 613: Practice Management for Mental Health Professionals).
- 2013 - 2021 Guest Lecturer. Pace University Law School Collaborative Law Class, White Plains, NY.
- 1988 - 2020 Assistant Clinical Professor, Department of Psychiatry, School of Medicine, University of Connecticut, Farmington, CT.
- 2014 Adjunct Faculty, Florida Institute of Technology. "Building a Private Practice from the Ground Up" Graduate PsyD course.
- 2013 Guest Lecturer. Cardozo School of Law Family Law Class. May, 2013.
- 1983-1984 Clinical Assistant Professor, Department of Psychology, University of Hartford, West Hartford, CT.
- 1982-1982 Lecturer-General Psychology, Department of Psychology, University of Connecticut, West Hartford, CT.

CLINICAL PSYCHOLOGY INTERNSHIP

1979-1980 Department of Behavioral Medicine and Psychiatry, West Virginia University Medical Center, Morgantown, WV.

RECENT PROFESSIONAL AFFILIATIONS AND ADDITIONAL ACTIVITIES

Family & Divorce Mediation Council of Greater New York (2015); Treasurer (2018-2021)
The Center for Mediation in Law, Mediation Intensive Training Program (2008)
Connecticut Superior Court Early Intervention Program, Special Master
Connecticut Regional Family Trial Docket, Special Master, Trainer (2004-2005)

American Psychological Association, Member (1981), Fellow (2010), Life Member (2019)

APA Board of Directors, Finance Committee: Member (2020 – 2022)

APA Practice/Education Steering Committee: Member (2020 – 2021)

Division 29, Society for the Advancement of Psychotherapy: Member, Finance Committee Chair (2011, 2012), Treasurer (2013-2015), Awards Committee (2013), President (2017)

Division 42, Independent Practice: Member, Board of Directors Member-At-Large (2011-2014), Membership Co-Chair (2010-2011); TIPS Task Force Chair (2008)
Psychologically Healthy Workplace BOPN – Connecticut Representative (2003-2004)

American Psychological Association Presidential Task Force on Advancing Practice: Project Leader for PsycLINK (2010)

Association of Family and Conciliation Courts, Member (2000 to present)

Connecticut Psychological Association, President (1993-1994), Council of Directors (1986, 1988-1990, 1992-1995), Member (1981 approx. – 2017)

New York State Psychological Association, Member (2021 to present)

Oriental Insight Expert Committee, Member: 2017 to Present

American Red Cross Volunteer: 2014 to Present; Chapter Links Coordinator, 2021- 2024

Invited reviewer. Building a Group Practice. American Psychological Association Tool Box. June, 1995

PEER-REVIEWED PUBLICATIONS, BOOKS AND BOOK CHAPTERS

Leong, F., Constantino, M., Zimmerman, J., Callahan, J., & Eubanks, C. (2023) Associate Editor, APA Handbook of Psychotherapy. APA Publications.

Callahan, J. & Zimmerman, J. (2023). "Future Directions in Psychotherapy", Chapter in *APA Handbook of Psychotherapy*. APA Publications.

Callahan, J. & Zimmerman, J. (2023). "Introduction to Theory-Driven Practice", Chapter in *APA Handbook of Psychotherapy*. APA Publications.

Zimmerman, J. & Callahan, J. (2023). "Introduction to Disorder-Driven Practice", Chapter in *APA Handbook of Psychotherapy*. APA Publications.

Zimmerman, J., Barnett, J., and Campbell, L. (2020). Editor, *Bringing Psychotherapy to the Underserved: Challenges and Strategies*. Oxford University Press.

Zimmerman, J. (2019). Co-Parenting Counseling with High Conflict Divorced Parents: Challenges for psychologists at All Levels of Experience, *Journal of Health Service Psychology*, 45(2), 66-71.

Barnett, J. & Zimmerman, J. (2019). *If You Build It, They Will Come: And Other Myths of Private Practice in the Mental Health Professions*. Oxford University Press.

Behrman, L. & Zimmerman, J. (2018). *Loving your children more than you hate each other: a guide and toolbox for high conflict parents*. New Harbinger Publications.

Zimmerman, J. & Magnavita, J. (2017). Adapting New Technology for Your Practice: How to Assess Fit and Risks. Invited chapter in *Using Technology in Mental Health Practice*. Ed. Magnavita, J. APA Publications.

Brown, W. R., Behrman, L., & Zimmerman, J. (2017). Duel or Dual: An Interdisciplinary Approach to Parenting Coordination for Uber-Conflicted Parenting Relationships. *Family Court Review*, 55(3), 345-361.

Walfish, S., Barnett, J. & Zimmerman, J. (2017). Editors and contributing authors. *The handbook of private practice*. Oxford University Press.

Barnett, J.E. & Zimmerman, J. (2017). Is Private Practice for You? Key Information and Considerations for Success. *Handbook of Private Practice: Keys to Success for Mental Health Practitioners*, 5.

Zimmerman, J. (2017). Models of Private Practice: Which Practice is Best? *Handbook of Private Practice: Keys to Success for Mental Health Practitioners*, 15.

Zimmerman, J., & Walfish, S. (2017). Considerations in Acquiring Office Space. *Handbook of Private Practice: Keys to Success for Mental Health Practitioners*, 135.

Zimmerman, J., & Libby, D. V. (2017). Basic Bookkeeping and Accounting For The Private Practitioner. *Handbook of Private Practice: Keys to Success for Mental Health Practitioners*, 180.

Goodyear, Rousmaniere, T. and Zimmerman, J. (2017). Supervision of Mentoring. Invited chapter in "The SAGE Handbook of Mentoring" Eds. Clutterbuck, D.A., Kochan, F. K., Lunsford, L., Dominguez, N. & Haddock-Millar, J. London: Sage.

Zimmerman, J. (2016). Divorce: Using psychologists' skills for transformation and conflict reduction. *Journal of clinical psychology*, 72(5), 423-429.

Zimmerman, J. & Libby, D. (2015). Financial Management for Your Mental Health Practice: Key Concepts Made Simple. TPI Press, The Practice Institute.

Walfish, S., Zimmerman, J., & Nordal, K. C. (2016). Building and Managing a Private Practice. Eds. Norcross, J.C., VandenBos, G. R., & Freedheim, D. K. (Eds.). *APA Handbook of Clinical Psychology*. Washington, DC: American Psychological Association.

Barnett, J., Zimmerman, J. & Walfish, S. (2014). The Ethics of Private Practice: A Practical Guide for Mental Health Clinicians. Oxford University Press.

Behrman, L. & Zimmerman, J. Improving Children's Adjustment to Divorce: Clinician Response (2013). Invited chapter in "Translating Research into Practice: A Desk Reference for Practicing Mental Health Professionals." Eds. Grossman, L. & Walfish, S. Springer Publishing Company.

Walfish, S. & Zimmerman, J. (2013). Making Referrals. Invited chapter in "Psychologist's Desk Reference" by Koocher, G., Norcross, J., & Greene, B. (Eds.) Oxford University Press.

Zimmerman, J. (2010). High Conflict Divorce. Invited chapter in "Psychologists Earning a Living Outside of Managed Care: Fifty Ways to Expand Your Practice" by S. Walfish. APA Books.

Zimmerman, J., Hess, A. K., McGarrah, N. A., Benjamin, G. A. H., Ally, G. A., Gollan, J. K., & Kaser-Boyd, N. (2009). Ethical and professional considerations in divorce and child custody cases. *Professional Psychology: Research and Practice*, 40(6), 539.

Zimmerman, J. and Thayer, E. (2008). Bringing Co-Parent Counseling Services to High-Conflict Low-Income Families. Chapter in "The Association of Family and Conciliation Courts – Innovations in Interventions with High-Conflict Families".

Thayer, E., & Zimmerman, J. (2003). *Adult children of divorce: How to overcome the legacy of your parents' break-up and enjoy love, trust, and intimacy*. New Harbinger Publications.

Thayer, E. S., & Zimmerman, J. (2001). *The co-parenting survival guide: Letting go of conflict after a difficult divorce*. New Harbinger Publications.

Thayer, E. & Zimmerman, J. (1999). Forensic Parent Counseling. Contribution to the Practice Information Clearinghouse of Knowledge, Division of Independent Practice, American Psychological Association.

Holzman, A. D., Rudy, T. E., Gerber, K. E., Turk, D. C., Sanders, S. H., Zimmerman, J., & Kerns, R. D. (1985). Chronic pain: a multiple-setting comparison of patient characteristics. *Journal of behavioral medicine*, 8(4), 411-422.

Seime, R. J., & Zimmerman, J. (1983). Dialysis: a unique challenge?. *Life-Span Developmental Psychology: Nonnormative Life Events*, 281.

Seime, R. J., & Zimmerman, J. (1981). Adjustment to dialysis: A brief review. *Behavioral Medicine Update*, 3(1), 9-11.

Colvin, D.F., Bettinger, R., Knapp, R., Pawlicki, R. & Zimmerman, J. (1980). Characteristics of patients with chronic pain. *Southern medical journal*, 73(8), 1020-1023.

Zimmerman, J., Savage, S., Stubblefield, B. & Nidiffer, D. (1979). A three-part questionnaire used to review graduate programs in clinical psychology. *Journal Supplement Abstract Service Catalog of Selected Documents in Psychology*, 8, 87.

Maxwell, W. & Zimmerman, J. (1978). The Nature and Use of Graduate Student Input in Clinical Training Programs. *The Clinical Psychologist*, 31, 36-37.

Zimmerman, J. & Handfield, V. Techniques of Learning: Self-modification of Academic Behavior-Trainer's Manual (1976). *Journal Supplement Abstract Service Catalog of Selected Documents in Psychology*, 6, 115.

CONFERENCE PRESENTATIONS

Zimmerman, J., Duan, C., Chui, H, Immel, Z. & Behrman, L. (2023). Paradigm shift in psychotherapy: Is it necessary? Society for Psychotherapy Research.

Behrman, L. & Zimmerman, J. (2022). Addressing Conflict in Couples: A transtheoretical approach. Latin American Association of Integrative Psychotherapy.

Zimmerman, J. & Behrman, L. (2019). Taming Couples Conflict: Creating safety and understanding.

International Conference on Psychotherapy and Supervision.

Behrman, L. & Zimmerman, J. (2019). Building a Thriving, Ethically Responsible (Goldilocks) Practice—Just Right for You and the Public. 7-hour workshop. American Psychological Association.

Zimmerman, J. (2019). Getting out of the Office: Expanding your professional role. Symposium presentation. American Psychological Association.

Zimmerman, J. (2019). Acquiring a Better Cultural Understanding: Practical challenges and strategies. Symposium presentation. American Psychological Association.

Zimmerman, J. (2019). Self-Care for Psychologists: The challenge and the necessity. Presentation at Congress of Interamerican Psychology (Cuba).

Behrman, L., Zimmerman, J. & Martin, T. (2018). Applying the Principles of Transformational Leadership to our Teamwork as Collaborative Professionals. International Academy of Collaborative Professionals.

Zimmerman, J. (2018). Developing Business of Practice Competencies: What Licensed Professionals Should Know. American Psychological Association

Pollock, S. & Zimmerman, J. (2018). How to Publish a Manuscript. American Psychological Association

Behrman, L., Wallin, P. & Zimmerman, J. (2018). Building a Successful, Ethically responsible Independent Practice. American Psychological Association

Behrman, L., Zimmerman, J., Brown, W. (2018). What fits best? Co-parent Counseling, Parenting Coordination, or Dual PC. Association of Family and Conciliation Courts.

Zimmerman, J. & Behrman, L. (2018). Complex Integrative Interventions for a Highly Conflicted Family: It Takes a Village. Society for the Exploration of Integrative Psychotherapy. 3-hour Pre-conference workshop.

Laundy, K, Ducharme, E., Ward-Zimmerman, B., & Zimmerman J. (2017). Collaborative Psychology Practice: A Key to Navigating Our Uncertain World. Connecticut Psychological Association.

Zimmerman, J. (2017). Bringing Psychotherapy to the Underserved. Symposium at the World Congress for Psychotherapy, Paris, France.

Zimmerman, J., Behrman, L., & Brown, W.R.J.P. (2017). Dual Parenting Coordination Model for Mega-Conflict Parents. Workshop. Association of Family and Conciliation Courts.

Zimmerman, J. (2016). Practicing: Nuts and Bolts. Symposium presenter. "The Nuances of New Beginnings—Navigating the World of Private Practice". American Psychological Association.

Zimmerman, J. & Behrman, L. (2016). Parent Coordination (PC): The Dual PC Model for Mega-Conflict Parents. Two hour CEU presentation. American Psychological Association.

Behrman, L. & Zimmerman, J. (2014). Co-parent Counseling: An Effective Intervention for High-Conflict Families of Divorce. Two hour CEU presentation. American Psychological Association.

Cole, A. & Zimmerman, J. (2013). Alternative Dispute Resolution: Opportunities Outside of Court and Managed Care. CEU presentation. Connecticut Psychological Association.

Zimmerman, J. & Behrman, L. (2013). High Conflict Co-parent Counseling and Parent Coordination: More Tools for the Practitioner's Toolbox Two-hour CEU presentation. American Psychological Association.

Zimmerman, J. & Behrman, L. (2013). Alternative Dispute Resolution: Models for a Divorce Specialty Niche Practice 7-hour CEU workshop. American Psychological Association.

Woody, R., Younggren, J. & Zimmerman, J. (2013). Regaining and Maintaining Disciplinary Control of Psychological Services. Symposium at the American Psychological Association.

Wallin, P. & Zimmerman, J. (2013). Building a Thriving Practice Inside and Outside the Box: Understanding Your Professional Goals and Values". Pennsylvania Psychological Association.

Zimmerman, J. (2012). Building a Thriving Practice: Creating Opportunity in the Light of Health Care Reform. Connecticut Psychological Association.

Barnett, J., Zimmerman, J., Lawson, R. & Davis, K. (2012). Establishing a Private Practice: Key Ethical Considerations at "The Ethical Businessperson: Oxymoron or Essential Values of the Profession?" Symposium at the American Psychological Association.

Zimmerman, J., Horowitz, S., Surwil, R., Isleib, R., & Neems, R. (2011). Creative Opportunities for the Practice of Psychology: Finding Your Niche. Symposium at the Connecticut Psychological Association.

Zimmerman, J. & Behrman, L. (2011). Building a Divorce Specialty Services Niche-Outside of Court and Managed Care. Symposium at the American Psychological Association.

Goodheart, C., Zager, K., Lewis, M., Salvador, D., Coons, H. & Zimmerman, J. (2011). PsycLINK-Resources and Tools for Your Busy Practice. Symposium Discussant at the American Psychological Association.

Zimmerman, J. & Behrman, L. (2011). Adult Children of Divorce. Presentation to Division 42. American Psychological Association.

Zimmerman, J. & Walfish, S. (2010). Practice Development: Building on Your Strengths. Empirically Based Research, and Entering New Markets. Symposium at the American Psychological Association.

Goodheart, C., Zager, K., Zimmerman, J. & Doucette, A. (2010). Advancing Practice: A New Framework for Resources and Outcomes. Presentation to the American Psychological Association.

Zimmerman, J. & Behrman, L. (2009). Bringing Stillness and Positive Emotion to Conflictual Discussion. Presentation to the International Academy of Collaborative Practice.

Williams, E. N., Mattu, A., Zimmerman, J., Johnson, N. & Carter, J. (2009). What We Wish We Had Known: Tips for Future Psychotherapists. Symposium. American Psychological Association.

Donovan, R., Ponce, A., McCarthy, M., and Zimmerman, J. (2009). Launching Your Career on Solid Footing: Roundtables on Important Topics in Education and Training – Launching Your Career on Solid Footing. Discussant. American Psychological Association.

Walfish, S. & Zimmerman, J. (2009). Developing a Successful Practice: Applying Entrepreneurial and Creative Principles. 3-hour Presentation. American Psychological Association.

Zimmerman, J., Ballard, D., Frager, S., Schwartz, M. (2008). Psychologists in Independent Practice: Practice Management Issues. Symposium: American Psychological Association. Chair and Presenter (Practice and Compensation Models).

Zimmerman, J., Haber, S., Holzman, A. and Mart, E. (2008). Nontraditional Practice Opportunities. Symposium: American Psychological Association. Chair and Presenter (Consulting to Organizations).

Heath, E. and Zimmerman, J. (2007). The Ethical Code of Psychologists: What You Need to Know and

How What You Don't Know Can Hurt. Presentation, Connecticut Psychological Association.

Zimmerman, J.; Muro, R.E., Jr. and Rosenblum, D. (2005). Workplace Stress: It Impacts Us Too. Presentation to the Connecticut Psychological Association.

Stark, B., Mitchell, K. and Zimmerman, J. (2003). Is There a Future in Connecticut for Collaborative Divorce – and What Is It Anyway? A presentation to the 2003 Statewide Conference of the Connecticut Council for Divorce Mediation, Hamden, CT.

Thayer, E., Wittman, J. and Zimmerman, J. (2003). The Ex-Factor: Helping Clients Cope with Difficult Ex-Spouses. A presentation to the 40th Anniversary Conference of the Association of Family and Conciliation Courts, Ottawa, Ontario.

Thayer, E. S. and Zimmerman, J. (2002). Conflict Addiction: Limiting Its Effect on Divorced Families. Workshop at American Association of Marital and Family Therapists Annual Conference, Cincinnati, OH, October.

Gruendel, H., Thayer, E., Zimmerman, J. (2002). Working with Parents in High-Conflict Divorces: The Impact on the Professional. Presentation to the Association of Family and Conciliation Courts, New York, NY.

Thayer, E., Zimmerman, J. (2001). Models of Strategies for Decreasing Conflict Between Divorcing and Divorced Parents. Presentation at the annual meeting of Connecticut Psychological Association.

Thayer, E., Zimmerman, J. (2001). A Collaborative Multi-Disciplinary Approach to Managing High-Conflict Divorce Families. Presentation made to the annual meeting of the American Psychological Association, San Francisco, California.

Zimmerman, J. and Thayer, E. (2001). The Child's Voice in Relocation Disputes. A presentation to the Association of Family and Conciliation Courts, Chicago, IL.

McBride, J., Mclsaac, C., Mclsaac, H., Thayer, E., Zimmerman, J. (2000). Addressing the Needs of High-Conflict Families. Presentation to the Association of Family and Conciliatory Courts, Fourth International Congress on Parent Education Programs.

Thayer, E., Nurse, A.R., Thompson, P. and Zimmerman, J. (2000). Symposium: Collaborative Divorce in Cooperative Co-Parenting - Developing a Practice Niche. Panel participant, American Psychological Association Annual Convention.

Zimmerman, J., Sarfaty, S., Thayer, E., & Thomas, N. (1995). Solo to Group Practice: Making the Transition. APA Annual Convention, New York, NY.

Zimmerman, J., & Holzman, A. (1990). The Practice of Psychology in the Changing Health Care Marketplace. Presentation at the Annual Convention of the Connecticut Psychological Association.

Zimmerman, J. (1989). Psychotherapy Issues in Working with Patients Suffering from Chronic Pain. The First National Conference: The Psychology of Health, Immunity and Disease.

Colvin, D.F., Bettinger, R., Knapp, R., Pawlicki, R. & Zimmerman, J. (1979). Who are Chronic Pain Patients and What are Their Problems? Paper presented at the 73rd Annual Meeting of the Southern Medical Association.

Savage, S., Zimmerman, J., Stubblefield, B. & Nidiffer, D. (1979). A Three-part Questionnaire Used to Review Graduate Programs in Clinical Psychology. Paper presented at the meeting of the Southeastern Psychological Association.

Church, D. & Zimmerman, J. (1978). The Use of Water Disruption to Reduce Expectorant (Spitting)

Behavior of a Severely Retarded Child. Paper presented at the meeting of the Southeastern Psychological Association.

Zimmerman, J. (1977). Research Guidelines for Development of Sex Education Programs with the Mentally Retarded. Paper presented at the meeting of the Mississippi Academy of Sciences, Inc.

INVITED PRESENTATIONS, WORKSHOPS, AND INTERVIEWS

Zimmerman, J. (2024) The Role of the Mental Health Professional in Divorce Mediation. Invited panelist for the New York State Council on Divorce Mediation training program.

Zimmerman, J. (2024) How to Run a Private Practice. Invited panelist for the New York State Psychological Association, NYSPAGS.

Bufka, L., Ruiz, J., Zimmerman, J. & Joseph, J. (2023). Population Health: Engage Your Community and Supersize Your Practice. Webinar, American Psychological Association.

Zimmerman, J. & Behrman, L. (2022). Dual Parent Coordination. Virtual presentation at Parenting Coordination and Co-Parenting Bootcamp 2022 - Innovative approaches and skill building (Australia).

Zimmerman, J. & Gregory, D. (2022). Addressing Treatment Dropouts. 2-hour Presentation to Oriental Insight.

Zimmerman, J. (2022). Building and Sustaining a Thriving Private Practice: When to Call in Outside Help. Host of a 5-hour program sponsored by the American Psychological Association.

Zimmerman, J. & Wallin, P. (2022) Ethics and Risk Management in the Business of Private Practice: Principles and pitfalls that many clinicians overlook. 3-hour presentation at The Practice Institute 3-day program.

Dakhari, O. & Zimmerman, J. (2022) Practice Management for Mental Health Professionals: Reducing your administrative burden, with built-in flexibility for growth 3-hour presentation at The Practice Institute 3-day program.

Ellis, A. & Zimmerman, J. (2022) Practice Finances for Mental Health Professionals: Strategies to keep a vigilant eye on your hard-earned money 3-hour presentation at The Practice Institute 3-day program.

Zimmerman, J. (2022). Interview with the New England Psychologist on private practice and customer service.

Zimmerman, J. (2021). Bringing psychology to our communities: creating innovation, hope and access. Keynote presentation to the annual meeting of the New York State Psychological Association.

Zimmerman, J. (2021). Building and Sustaining a Thriving Private Practice: From Start to Finish. Host for 10-hour interview program sponsored by the American Psychological Association.

Zimmerman, J. & Behrman, L. (2021). Reducing Parental Conflict in Divorce Processes: An introduction to alternative dispute resolution strategies for mental health professionals. 4- hour video presentation to Fundación AIGLE, Buenos Aires, Argentina.

Zimmerman, J. (2021). How Do I Get Started in Private Practice? A Roadmap for the Future.

Presentation to the Brazos Valley Psychological Association.

Zimmerman, J. (2021). Building a Mental Health Clinic or Practice from the Ground Up. 6-hour workshop presented to Oriental Insight.

Behrman, L., Dakhari, J., Ellis, A., Mirsalimi, H., Rothberg, B. & Zimmerman, J. (2021). Niche Practice Symposium (moderator). *Transitions, Transformation and Tele-health Conference*, American Psychological Association and The Practice Institute.

Zimmerman, J. (2021). Reshaping Your Practice. *Transitions, Transformation and Tele-health Conference*, American Psychological Association and The Practice Institute.

Zimmerman, J. (2021). Starting a Practice from Scratch. *Transitions, Transformation and Tele-health Conference*, American Psychological Association and The Practice Institute.

Zimmerman, J. (2020). Providing Supervision in Private Practice. 2-hour presentation to Oriental Insight.

Zimmerman, J. (2020). Providing Psychological Services in the Face of Uncertainty: A Q&A series. Three 1-hour webinar presentations for the American Psychological Association.

Zimmerman, J. (2020). Essential Strategies for Running a Psychology Practice, 3-hour webinar for APA Clinician's Corner series.

Behrman, L. & Zimmerman, J. (2019). Reducing Parental Conflict in Divorce Processes: An introduction to alternative dispute resolution strategies for mental health professionals. 3-hour workshop presented to Proyecto Aigle, Guatemala.

Zimmerman, J. & Behrman, L. (2019). Co-Parenting: Best practices to protect your children from divorce conflict. 3-hour workshop presented to Proyecto Aigle, Guatemala.

Zimmerman, J. & Behrman, L. (2019). The Essential Strategies for Ethical and Effective Management of a Mental Health Practice/Clinic: An Overview. 3-hour workshop presented to Proyecto Aigle, Guatemala.

Behrman, L. & Zimmerman, J. (2019). Interprofessional collaboration: Partnering with Mental Health Professionals to Reduce Parental Conflict and Protect Children of Divorce. 3-hour workshop presented to Proyecto Aigle, Guatemala.

Behrman, L. & Zimmerman, J. (2019). Applying Transformational Leadership Principles to Family Mediations. 3-hour workshop presented to the Family Divorce and Mediation Council of Greater New York, New York, NY.

Zimmerman, J. (2018). The Importance of Ethical Practice. Invited Key-note address. National Summit for Socially Situated Psychological Service Development, Wuhan, China.

Zimmerman, J. (2018). Building a Mental Health Clinic or Practice from the Ground Up. 3-day workshop. Oriental Insight, Wuhan, China.

Zimmerman, J. (2018). Welcoming remarks at opening of Oriental Insight Master's Program.

Zimmerman, J. & Behrman, L. (2018). Practice Bootcamp: Building and Ethically Responsible Practice. 2-day workshop. Center for Advance Professional Education. San Diego, CA.

Behrman, L. & Zimmerman, J. (2018). Recovering from Divorce: Reclaiming Your Self. 3-day workshop

at Kripalu, Lenox, MA.

Zimmerman, J. (2018). Expanding From Solo to Group Practice. Webinar for Division 42, Independent Practice, The American Psychological Association.

Zimmerman, J. (2018). Marketing is key to building practice—but must be done with careful planning. Interview for the *New England Psychologist*.

Zimmerman, J. (2018). The Role of the Family Specialist in Collaborative Divorce. New York Association of Collaborative Professionals, New York City Chapter.

Zimmerman, J. (2018). Building a Niche Practice: Advantages, Strategies and Ethical Considerations. Hawaii Psychological Association Grand Rounds (video-conference presentation).

Zimmerman, J. & Behrman, L. (2018). The Invisible Children: Adult Children of Divorcing Parents. Presentation to the Connecticut Council of Non-adversarial Divorce.

Zimmerman, J. (2017). Summit on Master's Training In Psychological Practice—Current and Future Status. Discussant at the American Psychological Association Annual Convention, Washington, D.C.

Behrman, L., Zimmerman, J. and Wallin P. (2017). Building a Successful, Ethically Responsible Independent Practice. Full-day workshop at the American Psychological Association Annual Convention, Washington, D.C.

Zimmerman, J. & Barnett, J. (2017). Bringing Psychotherapy to the Underserved – Ethical Considerations. Symposium at the American Psychological Association Annual Convention, Washington, D.C.

Zimmerman, J. (2017). Expanding the Scope of Your Practice to Address the Needs of the Community. APA Center for Learning and Career Development Workshop.

Zimmerman, J. (2017). Practice Health Metrics. APA Center for Learning and Career Development Workshop.

Zimmerman, J. (2017). Managing Staff and Organizations in Support of Practice Excellence. APA Center for Learning and Career Development Workshop.

Zimmerman, J. (2017). How to Create and Implement a Vision for Your Practice. APA Center for Learning and Career Development Workshop.

Zimmerman, J. (2017). Bringing Harmony to Families: Ethically building professional competencies to reduce conflict. Invited Keynote Presentation. Supervision and Ethics: The conference of professionalization of psychological counseling and therapy. Wuhan, China.

Zimmerman, J. & Behrman, L. (2017). Private Practice. Invited 2-hour symposium. Oriental Insight Conference. Wuhan China.

Zimmerman, J. & Behrman, L. (2017). Bringing Harmony to Families: Conflict resolution skills to help strengthen marriages and reduce the pain of divorce on children. Invited 3-day training workshop. Oriental Insight Conference, Wuhan China.

Behrman, L. & Zimmerman, J. (2017). Co-Parent Counseling in High Conflict Relationships: An Alternative to Parent Coordination. Invited training provided by the Family Institute of Westchester.

"Why is it so hard to talk about money?" (2016). Good Practice. Interview by the APA Practice Organization.

Ingram, S., Nolfo, M., Zimmerman, J., & Behrman, L. (2016). Special Needs in Mediation: What mediators need to know when working with parents of special needs children. Presentation to the Family & Divorce Mediation Council of Greater New York.

Alter, I., Behrman, L., Samlin, A. & Zimmerman, J. (2016). Issues around Divorce. Second Saturday Presentation.

Behrman, L. and Zimmerman, J. (2015). Adult Children of Divorce. Presentation to UNTIED.

Ingram, S., Zimmerman, J., Behrman, L., & Nolfo, M. (2015). Special Needs in Mediation: What mediators need to know when working with parents of special needs children. Presentation to the Family & Divorce Mediation Council of Greater New York.

Walfish, S. & Zimmerman, J. (2015). Building a Successful Independent Practice in Psychology: Where to begin and how to thrive. Three hour CEU presentation. APA Division 42 Fast Forward Conference.

Zimmerman, J. & Behrman, L. (2015). Alternative Dispute Resolution Niche Practices. Three hour CEU presentation. APA Division 42 Fast Forward Conference.

Behrman, L. & Zimmerman, J. (2015). Mental Health Professionals and the Mediation Process: A Tool in the Mediator's Toolkit. Invited presentation Family and Divorce Mediation Council of Greater New York. Harrison, NY.

Zimmerman, J., Behrman, L., Ducharme, L. & Smook, R. (2013). Building Your Ideal Practice. Invited presentation to the APA Division 42 Fast Forward Conference. Philadelphia, PA.

Zimmerman, J. (2013). Workplace Violence: How to Make the Possible Improbable. Invited presentation Connecticut Business and Industry Association.

Zimmerman, J. & Behrman, L. (2012). Incorporating the Voice of Children in Mediation. Collaborative Divorce and Parent Coordination. Invited presentation. AFCC-NY Annual Meeting. November, 2012.

Zimmerman, J. (2012). The Voices of Children in Divorce: Do They Tell the Truth, the Whole Truth and Nothing But the Truth. Invited Panelist. AFCC-NY Annual Meeting.

Zimmerman, J. (2012). Challenges to Establishing and Maintaining a Professional Practice. Invited presentation to the VA Colloquium. Newington, CT.

Smook, R., Zimmerman, J., Shebroe, V., & Kolmes, K. (2012). Gestation & Birth of an Ideal Practice. Invited presentation to the APA Division 42 Fast Forward Conference. San Diego, CA.

Walfish, S., Gresham, M., Behrman, L., Ducharme, E., Zimmerman, J. & Smook, G. (2012). Community Needs & Diversifying Your Practice: Building a Divorce Practice Niche. Invited presentation to the APA Division 42 Fast Forward Conference. San Diego, CA.

Frazzini, S.F., Oliver, V.D., Horowitz, S. & Zimmerman, J. (2012). Predictive Neglect: Fundamental Concepts and Significant Ramifications of its Application. Invited presentation to the Connecticut Judges Institute. New Haven, CT.

Zimmerman, J. (2012). Building a Thriving Psychology Practice. Invited presentation to the Connecticut Psychological Association. Fairfield, CT.

Zimmerman, J. and Behrman, L. (2010). Making the Best Use of Mental Health Professionals in Resolving High Conflict Cases. Invited presentation to the American Academy of Matrimonial Attorneys – Connecticut.

Zimmerman, J. and Behrman, L. (2010). The Invisible Children: Bringing Voices of Adult Children into the Mediation Process. Invited presentation to the Family and Divorce Mediation Council of Greater New York.

Zimmerman, J. (2010). Employee Morale in Troubled Economic Times. Invited presentation to the Connecticut Business and Industry Association.

Behrman, L & Zimmerman, J. (2009). The Invisible Children: Bringing the Voices of Adult Children into the Collaborative Process. Invited presentation to the New York Association of Collaborative Professionals.

Zimmerman, J. (1991-Present). The Practice of Clinical Psychology. Annual 4-hr presentations to University of Connecticut Psychology Internship Training Seminar.

Zimmerman, J. (2009). The Impact of Parental Conflict on the Mediation Process. Invited presentation to the New York State Council on Divorce Mediation annual conference.

Mayer, C & Zimmerman, J. (2009). Companies in Crisis: Turning the Corner, Caring for the Survivors, Looking to the future. Presentation the annual CBIA Human Resources Conference.

Zimmerman, J. (2007). High Conflict Divorce: Helping Parents Parent. Full day workshop presented to the New Hampshire Psychological Association. Manchester, NH.

Harlow, J.; Simone, J. and Zimmerman, J. (2007). Dealing with Alcohol and Substance Abuse in Family Law Cases. Panelist for the Hartford County Bar Association's Family Law Committee.

Zimmerman, J. (2006). Dealing with Employee Conflict. Presentation to the Connecticut Business and Industry Association.

Zimmerman, J. (2006). The Psychology of the Problem Employee. Presentation to the Northwest Connecticut Human Resources Association. Torrington, CT.

Zimmerman, J. (2006). Dealing with Difficult People. Presentation to the Connecticut Business and Industry Association.

Zimmerman, J. (2005). How to Handle Employee Conflict. Presentation to the Connecticut Business and Industry Association. October, 2005.

Zimmerman, J. and Thayer, E. (2005). How to Help Conflict-Addicted Parents Co-Parent. Keynote presentation to the Texas Chapter of the Association of Family and Conciliation Courts. Houston, TX.

Thayer, E. and Zimmerman, J. (2005). Co-Parenting Survival: Working Effectively with High-Conflict Divorced/ing Parents. Three-hour workshop to the Texas Chapter of the Association of Family and Conciliation Courts. Houston, TX.

Thayer, E. and Zimmerman, J. (2005). Personality Disorders and Addictions: Complicating the Mediation Process. Presentation to the Connecticut Council for Divorce Mediation and Family Dispute Resolution.

Zimmerman, J. (2005). The Practice of Psychology. Presentation to Hartford Hospital, Children's Medical Center, and the Institute of Living psychology staff.

Zimmerman, J. and Thayer, E. (2005). Overcoming the Legacy of Divorce. Presentation to the New York Chapter of the Association of Family and Conciliation Courts.

Letizia, J. and Zimmerman, J. (2005). Communicating Difficult Issues with Employees. Presentation to the Connecticut Business and Industry Association.

Zimmerman, J. and Thayer, E. (2004). It's All About Money: Or Is It? Presentation to the Association of Divorce Financial Planners, New York, NY, December, 2004.

Zimmerman, J. (2004). Understanding Children's Communications in Custody Conflicts: Lincoln Hearings and Beyond. Moderator, Third Annual Conference, New York State Chapter of the Association of Family and Conciliation Courts.

Stark, B.K., Piasecki, P.J., Thayer, E.S. and Zimmerman, J. (2004). Beyond Mediation: Expanding Opportunities for Interdisciplinary Collaboration. Panelist Connecticut Council for Divorce Mediation, New Haven, CT.

Mogel, G., Romanek, M.J., and Zimmerman, J. (2004). Matrimonial Law and Mediation: Divorce and Child Custody Issues. Half-day workshop presented to the Connecticut Chapter of the National Association of Social Workers.

Zimmerman, J., (2004). Guest host on Divorce Talk, "Through the Eyes of the Child." One-hour interview.

Zimmerman, J. (2003). The Changing State of the Family: Taking Care of the Children. Presentation to Congregation Tikvoh Chadoshoh.

Zimmerman, J. (2003). Being the Best You Can Be: Fact or Fiction? A presentation to the Pine Grove Elementary School P.T.O.

Gruendel, F.H., Monro, L.B., Carey, B., Davis, J., Thayer, E.S., and Zimmerman, J. (2002). Connecticut Special Masters: Innovation and Collaboration. Presentation to the New York AFCC Meeting, New York, NY.

Zimmerman, J., Thayer, E.S., Sholz-Rubin, S. (2002). High Conflict Divorce: The Impact on the Divorce Professional. A presentation to the Association of Family and Conciliation Courts, Tampa, FL, October, 2002.

Zimmerman, J. and Thayer, E.S. (2002). Unique Approaches for Helping High Conflict Families. A presentation to the Association of Family and Conciliation Courts, Pre-conference Institutes, Tampa, FL.

Zimmerman, J. (2002). Impact of the 2001 Disaster on the Client/Therapist Relationship. Keynote address to the Massage Emergency Response Team, Connecticut Chapter, American Massage Therapy Association.

Thayer, E., Zimmerman, J. (2001). The Devastation of Divorce: Reducing Parental and System-Instigated Conflict. Full day presentation to the Kids First Center, Portland, Maine.

Zimmerman, J. (2001). Workplace Stress...Are You Taking It Home With You? Presentation to The Annual American Subcontractors Association of Connecticut meeting.

Wilson, J., Morra, R., Habelow, W., J., Zimmerman, J. (2001). Connecticut Custody Issues. A full day presentation, Hartford, CT.

Zimmerman, J. and Thayer, E. (2001). Helping Divorced Parents in Conflict: Combining Research and Practice. Colloquium address to the University of Connecticut, Department of Psychology, Storrs, CT.

Zimmerman, J. (2000). Violence Prevention in the Schools. Presentation to the First Annual Greenwoods Institute.

Thayer, E. and Zimmerman, J. (2000). The Child's Voice in Divorce and Relocation. Address to the State of Connecticut, Judicial Branch, Family Services.

Zimmerman, J. (2000). Talking to Your Kids About Violence. Presentation to Avon Public Schools.

Zimmerman, J. (2000). Stress and the H.R. Professional. Presentation to the Connecticut Business and Industry Association.

Zimmerman, J. (1999). Non-Pharmacological Modalities for Pain Treatment. Presentation to the 22nd Annual Arthur E. Schwarting Pharmacy Practice Symposium, University of Connecticut.

Zimmerman, J., Effective Communication: Why It Is So Difficult. Presentation to the Connecticut Business & Industry Association Symposium, entitled "Managing Time, Meetings, and Projects, " May, 1999.

Zimmerman, J. (1999). Assessing Risk Factors - Suicidal Tendencies in Students. Presentation to Avon Public School Faculty, Avon, CT, March, 1998.

Zimmerman, J. (1998). Violence Prevention in the Workplace. Three-session Workshop on behalf of Connecticut Business and Industry Association, March, 1998.

Zimmerman, J. (1998). Forming a Major State-Wide Behavioral Health Group Practice: Is Now the Time?. Facilitated a Conversation Hour at the annual meeting of the Connecticut Psychological Association Convention.

Zimmerman, J. and Habelow, W. (1998). You Should Choose Life. Presentation to the Yachad Hebrew High School.

Israel, J., Fish, J., Rosen, S. & Zimmerman, J. (1998). Panel discussion at Congregation Tikvoh Chadoshoh, Bloomfield, CT.

Budman, S. & Steenbarger, B. (1997). The Essential Guide to Group Practice and Mental Health. Guilford Press. Featured contributor.

Zimmerman, J. (1996 and 1997). Building a Better Team in a Diverse Workplace. Presentation to Southern New England American Institute of Banking.

Zimmerman, J. (1996). Diversity Training. Four presentations to the Connecticut Business and Industry Association.

Soltis, M. & Zimmerman, J. (1994 and 1996). Terminations. Four presentations to the Connecticut Business and Industry Association.

Zimmerman, J. (1996). Substance Abuse Recognition Training for Supervisors. Presentation to Connecticut Business and Industry Association, January, 1996; June, 1996.

Sullivan, M. & Zimmerman, J. (1995). A National Conversation Concerning the Practice of Psychology. Co-host of the Connecticut Psychological Association and the Practice Directorate of the American Psychological Association.

Zimmerman, J. (1995). Guidelines for Patient Management. Workshop presented to the Reproductive Medicine Institute of Connecticut, P.C.

Zimmerman, J. (1995). The Incorporation of Cognitive/Behavioral Techniques in the Psychotherapy of Depression. Grand Rounds presentation, Mount Sinai Hospital, Department of Psychiatry, Hartford, CT.

Zimmerman, J. (1995). Advanced Psychopathology. Somatoform Disorders, Sleep Disorders and Mental Disorders Due to a General Medical Condition. Guest Lecturer to the Graduate Institute of Professional Psychology. University of Hartford.

Zimmerman, J. (1994). Stress Management in the 90's Seminar. Presented to Tikvoh Chadoshoh Synagogue, Bloomfield, CT.

Zimmerman, J. (1994). Managed Care: Survival in the 90's. Grand Rounds Presented to the Department of Psychiatry at the University of Connecticut Health Center.

Zimmerman, J. (1994). Increasing Motivation: The Process of Positive Change. Presentation to the Connecticut Business & Industry Association.

Newman, R. & Zimmerman, J. (1994). Hospital Access: Why it is Essential in the Age of Managed Care. Address to the New Jersey Psychological Association Spring Conference.

Zimmerman, J. (1994). Models of Group Practice: A Paradigm for Development. Address to the American Psychological Association State Leadership Conference.

Eckert, B., Hostetler, K. & Zimmerman, J. (1994). How to Conduct the Performance Review. Presentation to the Connecticut Business & Industry Association.

Zimmerman, J. (1993). Integrating Ericksonian Techniques and Cognitive Behavioral Psychotherapy. Presentation to the University of Connecticut Health Center Psychology Interns.

Zimmerman, J. (1993). Bench-Bar Relations. Workshop provided to Hartford Bar Association, trainer and facilitator (1½ days), March.

Zimmerman, J. (1992-1993). Sexual Harassment Awareness Training. Corporate training workshops, Approximately 50 hours of training provided.

Zimmerman, J. (1990-1993). Post-Robbery Debriefing Workshops.

Zimmerman, J. (1992). Surviving the 90's - Expanding and Diversifying Private Practice. Address to the Private Practice Association of Connecticut.

Abrahamson, D. and Zimmerman, J. (1992). Public and Private Third Party Payment: Problems, Solutions and Opportunities. Address to the American Psychological Association, Practice Directorate State Leadership Conference.

Zimmerman, J. (1992). Sexual Harassment and Its Psychological Effects. Panelist for the Connecticut Business & Industry Association.

Zimmerman, J. (1991 and 1992). Being Your Best: Attitude is Everything. Presentation to Coping With Cancer Support Group Series at Bridgeport Hospital, Bridgeport, CT.

Zimmerman, J. (1991). Becoming a Psychologist. A presentation for Career Week at Avon Middle School, Avon, CT.

Zimmerman, J. (1991). Childhood Trauma: Guidelines for Helping Children Cope. A presentation to Farmington Valley O.R.T., Simsbury, CT.

Zimmerman, J. (1990). Our Children and Self-Esteem. Presentation to the Hebrew Academy of Greater Hartford, Bloomfield, CT.

Zimmerman, J. (1990). Employee Assistance Programs. Presentation to Avon-Canton Rotary International, Avon, CT.

Zimmerman, J. (1989). Assessing Corporate/Organizational Consulting Programs. Presentation to the Connecticut Business & Industry Association, Wallingford, CT.

Zimmerman, J. (1984, 1987, 1989). Adjustment to Blindness. Presentation to the Support Group for the Blind, West Hartford, CT.

Zimmerman, J. (1989). Corporate Consultation and Employee Assistance Programs: Problems or Solutions? Presentation to the New Britain Personnel Managers Association, New Britain, CT.

Zimmerman, J. (1989). Burnout. Presentations (2) to the staff and parents of Hebrew Academy of Greater Hartford, Bloomfield, CT.

Zimmerman, J. (1988). Discussing Sex with Your Children. Presentation to the Hartford Chapter of Hadassah, West Hartford, CT.

Zimmerman, J. (1988). Coping with My Feelings as a Caregiver. Workshop for the National Multiple Sclerosis Society, Greater Connecticut Chapter, West Hartford, CT.

Maier, L.U., Augenbraun, H., Ludwig, L., Nelson, W., Zimmerman, J. (1987). Being a Parent and Being a Psychologist: Managing Multiple Roles. Panel discussion at the Annual Meeting of the Connecticut Psychological Association.

Zimmerman, J. (1987). Discussing Sex with Your Children. Presentation to the Farmington Valley Jewish Center Sisterhood, Simsbury, CT.

Zimmerman, J. (1987). Coping with Multiple Sclerosis. Presentation to the Newly Diagnosed Workshop of the Connecticut River Valley Chapter, National Multiple Sclerosis Society, Farmington, CT.

Zimmerman, J. (1987). Discussing Sex with Your Children. Presentation to the Women's American O.R.T., Simsbury, CT.

Zimmerman, J. & Harrington, K. (1986). Coping with Multiple Sclerosis. Presentation to the Connecticut River Valley Chapter, National Multiple Sclerosis Society, West Hartford, CT.

Zimmerman, J. (1986). The Nature of Agoraphobia. Training workshop for the Town of Manchester Volunteer Program, Manchester, CT.

Zimmerman, J. (1986). Adjusting to Chronic Pain. Presentation to the Chronic Pain Outreach Network, Windsor, CT.

Zimmerman, J. (1985). Coping with Stress. Workshop at the Cheshire United Methodist Church, Cheshire, CT.

Zimmerman, J. (1984). Compulsions. Interview presented by radio station WTIC, Hartford, CT., December.

Zimmerman, J. (1984). Coping with Disability. Presentation to Dialogues in Contemporary Rehabilitation Workshop, Hartford, CT.

Zimmerman, J. (1983). Coping with Stress. Executive workshop presented in association with Johnson Memorial hospital, Suffield, CT.

Zimmerman, J. (1983). Living with Pain. Panel discussion presented by television station, WVIT, Hartford, CT.

Zimmerman, J. (1983). Chronic Pain: Its Impact and Treatment. Presentation to the staff at the Veteran's Administration Medical Center, Northampton, MA.

Zimmerman, J. (1982). The Health Care Team: Three Different Approaches. Group presentation by the Department of Rehabilitation Medicine, Mount Sinai Hospital to an Inter-disciplinary Approach to Health Care course at the University of Connecticut, October, 1981 and November, 1982.

Zimmerman, J. (1982). Psychological Reactions to Disability. Guest lecture presented to Problems in Patient Care course at the University of Connecticut.

Zimmerman, J. (1982). Managing Stress: A Multi-Dimensional Perspective. Presentation made at the Mount Sinai Hospital, Department of Ambulatory and Community Medicine workshop, Stress in the Real World: Can We Cope?

Zimmerman, J. (1982). Psychological Aspects of Stroke. Presentation made to the American Heart Association of Greater Hartford, Inc. The Multidisciplinary Approach to the Care of the Stroke Patient.

Zimmerman, J. (1982). Coping with a Stroke. Presentation to the Mount Sinai Hospital Stroke Club.

Zimmerman, J. (1982). Chronic Pain: An Interdisciplinary Approach. Guest lecture presented to third year medical students of anesthesiology, University of Connecticut Health Center.

Zimmerman, J. (1982). Chronic Mourning in Parents of Handicapped Children. Presentation to the Capitol Region Education Council, West Hartford, CT.

Zimmerman, J. (1981). The Mind: Its Healing Powers. Panel discussion presented by television station WVIT, Hartford, CT.

Zimmerman, J. (1981). Psychosomatic Disorders. Guest lecture presented to Abnormal Psychology course at the University of Hartford.

Fazzari, P., Zimmerman, J., Eagan, M. & Sullivan, R. (1981). Chronic Pain: A Human Experience. Community health seminar conducted by the Mount Sinai Auxiliary.

Zimmerman, J. (1979). The Health Care Professional's Perspective on Death and Dying. Paper presented at the West Virginia University Hospital Nursing Service, Final Stage of Growth workshop.

INVITED ARTICLES

Barnett, J. & Zimmerman, J. (2018). *10 Steps to Take When Starting Out in Practice*. Retrieved from: <https://blog.oup.com/2018/01/ten-steps-starting-out-in-practice/>

Zimmerman, J. & Walfish, S. (2016). Informed consent: records and fees. The National Psychologist Vol 25(1), 10.

Zimmerman, J. (2015). Leasing Office Space. The Independent Practitioner. 35(4), 135.

Zimmerman, J. & Behrman, L. (2015). Parental communication: how to talk with one another. Article in The American Bar Association Section of Family Law "Family Advocate" 38(1), 4.

Zimmerman, J. (2015). Reflections on mental health professionals working with divorcing parents outside the courtroom. [Web Article]. Retrieved from <http://societyforpsychotherapy.org/reflections-on-mental-health-professionals-working-with-divorcing-parents-outside-the-courtroom>

Zimmerman, J. (2015). Divorce and alternative dispute resolution: Expanding roles outside the

courtroom and managed care. [Web article]. Retrieved from <http://www.societyforpsychotherapy.org/divorce-and-alternative-dispute-resolution-expanding-roles-outside-the-courtroom-and-managed-care>

Zimmerman, J. (2012). 10 Things I Wish I Knew Back Then. The Independent Practitioner American Psychological Association Division 42 Newsletter. 32

Zimmerman, J. (2009). Considerations in Adding Associates to Your Practice. The Independent Practitioner. 29.

Zimmerman, J. (2008). Practice Opportunities are Alive and Well: 3 Hints. Article in *The National Psychologist*.

Thayer, E.S. and Zimmerman, J. (2002). Alternatives for Managing High-Conflict Families of Divorce. The Family Psychologist. 18(1).

Thayer, E., Zimmerman, J. (2002). Reshaping a Practice: How Addressing a Clinical Need Addresses a Business Need. The Independent Practitioner. 22(1) Winter.

Zimmerman, J. (1991). The Connecticut Experience with Utilization Review. Article for the Association for the Advancement of Psychology/Psychologists for Legislative Action Now Newsletter - "Advance/Plan", Summer.

RESEARCH EXPERIENCE

In collaboration with faculty and graduate psychology students at the University of Connecticut, designed and implemented applied research examining the effectiveness of a co-parenting program for high-conflict divorcing parents.

Doctoral Research: The Effects of Dual-site EMG Biofeedback and Progressive Relaxation on Muscle Tension, Blood Pressure and Self-Report of Relaxation, 1980.

Master's Research: Effort Expenditure as a Function of Cumulative Effort and Reinforcement Rate, 1978.

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