

Technology and the Future of Humanity: Therapists as Midwives for the future of humanity

Our world is changing faster than at any moment in history, and technologies advancements are literally changing what it means to be human. "Future Technologies" explores the profound and inevitable impact emerging technologies will have on humanity. We will delve into how Artificial Intelligence, Augmented Reality and Virtual Reality, Brain-Computer Interface, Robotics, Gene Therapy, and Genetic Engineering, are set to advance in the next several decades - even sooner. Each tech technology's potential benefits, such as AI's improved healthcare diagnostics and AR/VR's enhanced educational tools, are highlighted alongside associated risks, including job displacement and privacy concerns. A key theme is the transformative impact these technologies can, and likely will, have on human identity and social norms. Therapists can and should play a critical role in this technological evolution. They can help individuals adapt to changes, advocate for ethical standards, and support mental health through technological integration. This talk underscores the importance of interdisciplinary collaboration to ensure that technological advancements benefit the future of humanity while mitigating potential harms. Currently, it is the sex tech industry developing a vision of the future of intimacy. The time is now for mental health professionals to join this critical conversation.

Target Audience

Psychologists
Therapists

Social Workers
Psychiatrists

Counselors
Nurses

Course level: Intermediate

Learning Objectives

At the end of this seminar, participants will be able to:

1. Recognize three areas of rapidly advancing technologies that may profoundly impact humanity, even within the next decade.
2. Describe two profound ethical challenges advancing technology will doon present humanity.
3. List two ways humanity will further modify human intimacy.
4. Identify three ways therapists can serve a critical function in ensuring advancing technologies impact humanity more positively than negatively.
5. Identify two risks that AI creates

Seminar Schedule

The webinar outline is attached. See the Live Webinar page for the start and end times.

Outline

12 PM ET Begin

Artificial Intelligence (AI)

Augmented Reality (AR) and Virtual Reality (VR)

Brain-Computer Interface (BCI)

Robotics

Biotechnology:

Gene Therapy (GT) and Genetic Engineering (GE)

Fertility Advances

Mental Health

Therapist's Role

End 2 PM ET

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Continuing Education Credit

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The Presenter

Dr. Marianne Brandon is a clinical psychologist and Diplomate in sex therapy. She writes the popular Psychology Today blog "The Future of Intimacy." She is author of *Monogamy: The Untold Story*, *Unlocking the Sexy in Surrender: Using the Neuroscience of Power to Recharge Your Sex Life*, and co-author of *Reclaiming Desire: 4 Keys to Finding Your Lost Libido*. She co-hosted a talk radio show, is a past book review editor for the American Association of Sex Educators, Counselors, and Therapists, past board member of The International Society for the Study of Women's Sexual Health, and regularly writes and lectures for professional and lay audiences. She has served twice as a panel member for FDA hearings evaluating medications relevant to female sexual function. Her areas of expertise include the conceptualizing human sexuality and sexual dysfunction from an evolutionary perspective. You can learn more about her work at www.drbrandon.net, join her on twitter @DrBrandon, and on facebook / DrMarianneBrandon. Dr Brandon is in private practice in Sarasota, Florida.

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Laura Davie, LICSW, Tina Jenkins, Psy.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2028.

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