

The Components and Process of Clinical Supervision

In this seminar, Dr. Saffer examines the purpose of clinical supervision, including the components and processes that are important for effective supervision. Participants are encouraged to consider different models and methods as they develop an approach to clinical supervision. In addition, strategies are discussed regarding effectively dealing with some of the challenges that are inherent in the supervisory process. This seminar is designed to provide participants with a thoughtful approach to the supervision process and to encourage the development of competence in this area.

Target Audience

Psychologist Social Workers Counselors
Teachers Therapists Case Managers
Marriage and Family Therapists Nurses
This seminar is for intermediate level clinicians

Learning Objectives

At the end of this seminar, participants will be able to:

1. Define competency and the role of supervision in the development of competency
2. Identify how to develop a personal model of supervision
3. Identify skills that increase the effectiveness of supervision
4. Identify the necessary components of a supervision file.
5. Increase awareness of the supervisor's dynamics that influence the supervision process.

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Outline

Begin 12 PM ET

Part One: The Purpose of Supervision Competency Benchmarks

Types of Supervision

Effective and Ineffective Supervision – research findings

Part Two: Components of Supervision

Considerations prior to conducting supervision

Documentation and Supervision Contracts

Written Evaluations

Break 1:30-1:45 PM ET

Models of Supervision

Methods of Supervision

Part Three: The Supervision Process

Establishing Trust

Responsibilities of Supervisee

Topics to discuss during Supervision

Providing Corrective Feedback and evaluations

End 3:15 PM ET

The Presenter

Dr. Saffer, a licensed psychologist, earned her Psy.D. from Indiana University of Pennsylvania in 1999. She has worked in a variety of settings with a variety of populations, including a residential rehabilitation program, nursing homes, a state inpatient psychiatric hospital, and the federal government. She was the Director of Intern Training for an APA-accredited clinical psychology pre-doctoral internship program at a state inpatient psychiatric hospital. She has provided supervision for a variety of trainees for more than a decade, including practicum students, interns, and post-doctoral trainees. She teaches a case conceptualization seminar for interns on an annual basis.



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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Laura Davie, LICSW, Tina Jenkins, Psy.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2028.

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