The Treatment of Complex Alcohol, Tobacco, and Drug Dependence

Substance abuse is one of the most common clinical problems of patients who present for treatment. These patients struggle with a life threatening, clinically complex problem that is subject to a variety of physiological and psychological factors. This webinar will focus on treating people plagued by complex additions issues. You will learn about the risk and protective factors related to addiction. There will also be useful suggestions for assessing and treating addicted patients. Adolescent addiction will be discussed. There will also be material on motivational interviewing and effective stress control.

#### Outline

What is complex addiction? Integrated MISA Service Comorbidity Parallel Timeline Method The Recovery Process Break 12-12:15 PM ET Substance Misuse Substance Abuse Treatment Adolescent Substance Misuse Break 1:15-1:30PM ET Motivational Interviewing Effective Stress Control Rates of Adolescent Substance Use End 2:30 PM ET

Begin 10 AM

Dr. David McDuff is a nationally known addiction, trauma, and sports psychiatrist and a retired Army Colonel. He holds faculty appointments at the University Of Maryland School Of Medicine in Baltimore (clinical professor) and the Uniformed Services University in Bethesda (adjunct associate professor). He is the founder of the University of Maryland's Division of Alcohol & Drug Abuse and its Addiction Psychiatry Fellowship and Sports Psychiatry Programs and has three times been selected by Baltimore Magazine as it Top Doc in Addiction Psychiatry. He is an active clinician, teacher, speaker, and writer who has given more than 100 lectures at national and international conferences and published 60 journal articles, book chapters & reviews, manuals and monographs including his highly regarded book entitled "Sports Psychiatry: Strategies for Life Balance & Peak Performance (2102, American Psychiatric Press). He is one of America's leading Sports Psychiatrist serving as the team psychiatrist and mental skills trainer for the Baltimore Orioles (1996-present) and Ravens (1996-2013) and as the performance medicine physician for the Indianapolis Colts (2015-2018). He is now working with the University of Maryland's football team. Dr. McDuff has been married since 1978 to Marie Sanders McDuff and has four children and four grandchildren. For additional information on his work with athletes see his MD Sports Performance website (www·mdsports·net)·

Psychologists Therapists **Target Audience** Social Workers Psychiatrists

Psychiatrists Nurses Course Level: Intermediate

Counselors

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#### Continuing Education Credit

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This seminar has been reviewed and approved by Keith Hannan, Ph·D·, Laura Davie, LICSW, Tina Jenkins, Psy·D·, and Loreen Yearick, MSN, RN· This approval expires on March 1, 2028·

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## Learning Objectives

At the end of this seminar, participants will be able to: 1. Identify important risk and protective factors for addiction

2. Discuss the common clinical models of addiction and recovery

 $3 \cdot Describe the common characteristics and co-occurring mental disorders of complex addictions$ 

 $4 \cdot Identify$  the key elements of successful addiction recovery

5. Utilize time lines and developmental models to guide treatment

# Seminar Schedule

The webinar outline is attached. See the Live Webinar page for the start and end times.

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#### The Presenter

## General Information



tzkseminars, LLC 168 West Lake Drive Annapolis, Md∙ 21403