

## When the Clinician Becomes the Target

When we joined the ranks of helping professionals, one of the last things that probably crossed our minds was what, if any, risk we would face in our careers. Would our forensic patient who had killed their parents ever corner us in a room and try to assault us? Would our inpatient teenager ever cyber-stalk us online? Would our outpatient client ever try to kill us in our office? Daunting questions to think about; however, these are the very questions that we should be addressing while also helping our client population in need. This course looks back over the past decades to review where mental health treatment has come and what about those shifts may contribute to our vulnerability in our professions; it helps identify the vulnerabilities we should be addressing; and it offers suggestions of actions we can take to protect our work, our clients, our livelihood, and our lives. In addition to receiving the training and education we need to make us the best helping professionals we can be, we also need training such as this to help protect ourselves from any harm that could come in the course of our work.

### Target Audience

Psychologists  
Therapists

Social Workers  
Psychiatrists  
Course level: Intermediate

Counselors  
Nurses

### Learning Objectives

At the end of this seminar, participants will be able to:

1. Identify the risks that may be involved in our treatment work with clients and patients
2. Identify historical information of mental illness, the legal system, and treatment that may have contributed to our risk
3. Explain violence and how it may relate to mental illness
4. Name some of the more common crimes that we may face as clinicians
5. Identify ways to protect ourselves when working in treatment with clients and patients

### Seminar Schedule

The webinar outline is attached. See the Live Webinar page for the start and end times.

## Outline

Begin 1 PM ET

Look back at mental illness in recent decades

Look back at mental illness and the legal system

Look at violence and mental illness- why should we be concerned?

Break 2:30-2:45 PM ET

Look at violence in our workplaces and offices

Look at the types of violence we may face in our work as clinicians

Look at what we can do to protect ourselves, our work, and our practices

End 4:15 PM ET

Our seminars are available in two formats. The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

### Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times. Participants will earn 3 CE's for attending once they have completed these requirements.

PSYCHOLOGISTS: tzkseminars is approved by the American Psychological Association to sponsor continuing education for psychologists. tzkseminars maintains responsibility for this program and its content.

SOCIAL WORKERS: tzkseminars, llc, Provider Number 1242, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 3/28/25 to 3/28/28. Social workers completing this course receive 3 general continuing education credits.

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## The Presenter

Dr. Tina Jenkins has been working in the mental health field since the early 1990's. She earned her doctoral degree in clinical psychology from Argosy University in 2005. She has worked in the prison system, the forensic mental health system, and the psychiatric inpatient system. She has also been a private practice clinician. Her main treatment areas have been forensics, trauma, eating disorders, and threat/risk assessment. She has also worked to assist the military and law enforcement communities. She is licensed in the DMV area and is a Certified Threat Manager.

### General Information

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Individuals with a disability or special need can go to [tzkseminar.com](http://tzkseminar.com) to the Contact page to request accommodations.

This seminar has been reviewed and approved by Keith Hannan, Ph.D., Laura Davie, LICSW, Tina Jenkins, Psy.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2028.

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