

Xavier A. Bonilla

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EDUCATION

- 08/2016 **Doctorate of Psychology in Clinical Psychology**
American School of Professional Psychology at Argosy University, Washington, DC
Arlington, VA.
APA-Accredited Program.
- 05/2011 **Master of Arts in Clinical Psychology**
Argosy University, Washington, D.C.
Arlington, VA
- 05/2009 **Master of Arts in Counseling**
Capital Bible Seminary
Lanham, MD
- 05/2006 **Bachelor of Arts in Psychology**
Washington Bible College
Lanham, MD

LICENSURE AND CERTIFICATIONS

- 2024-Present Licensed Clinical Psychologist (LCP), Maryland- 07314
- 2011-Present Licensed Clinical Professional Counselor (LCPC), Maryland- LC4176
- 2012-Present Licensed Professional Counselor (LPC), District of Columbia- PRC14275
- 2014-Present Licensed Professional Counselor (LPC), Virginia- 0701005910

SUPERVISED CLINICAL PLACEMENTS

- 11/16-02/18 **Post-doctoral Fellowship**
Re-New Psychological Services
Thomas Circle-Washington, D.C.
Provide individual psychotherapy to a caseload of 30 clients in a private practice setting. Provide individual therapy for adults utilizing an integrative theoretical approach for the treatment of anxiety and depression. Clients often present with anxiety, depression, substance abuse, and bereavement. Also provide couples therapy and working with different clients of various cultural and ethnic backgrounds. Receive weekly supervision and consultation.
Supervisor: Krystal Stanley, Ph.D.
Total Hours: 2000
- 09/15-08/16 **Clinical Psychology Internship**

**Mid-Atlantic Internship Consortium (MAIC)- Interdynamics, Inc.
Washington, D.C**

Conduct a variety of psychological assessments that include: full neuropsychological, psychological, bariatric, bonding, vocational, and psychoeducational assessments with a wide range of patients from pediatric to geriatric groups. Provide treatment and individual therapy using theory, research, and practice. Provide clinical interventions with individuals that have neurodevelopmental, neurocognitive, bipolar, depressive, anxiety, trauma and substance related disorders. Provide consultation to contracting mental health professionals and individual and group supervision to counseling and clinical psychology externs. Attend weekly didactics/seminars and present therapy, assessment, and culturally relevant cases.

Supervisors: Gayle Norbury, Ph.D. & James Moses Ballard II, Ph.D.

Anticipated Total Hours: 2157

09/14-06/15

**Advanced Practicum Extern
Washington Medical Group
Washington, D.C.**

Conducted neuropsychological screeners and full neuropsychological assessment batteries for outpatient medical patients suffering from a wide range of depressive and anxiety disorders along with many neurological disorders that included, TBI, multiple sclerosis, stroke, and dementia. Provided treatment and individual therapy using a clinical biopsychological model with adults that had various neurological disorders. Provided clinical interventions with individuals that had pain management and chronic migraines. Conducted neurocognitive rehabilitation services for individuals with neurological disorders. Assisted and provided biofeedback with individuals with neurological disorders.

Supervisor: Robert Moss, Ph.D., ABPP, ABPN

Total Hours: 600

07/13-07/14

**Civil and Forensic Inpatient Internship (Not Completed)
St. Elizabeth's Hospital
Washington, D.C.**

APA-Accredited Internship.

Provided treatment and assessment services to an ethnically diverse Civil and Forensic committed inpatient population with severe and chronic mental illness. Provided consultation services to address dangerous and problematic behaviors of patients throughout the hospital through the development and implementation of Initial Behavioral Interventions and Behavior Plans. Provided individual therapy for inpatient adults utilizing an integrative theoretical approach for the treatment of mood disorders, psychotic disorders, anxiety disorders, trauma, substance use, and behavior issues. Facilitated group psychotherapy for long-term and short-term acute psychiatric inpatients including: Emotional Regulation, Acceptance and Commitment Therapy, Mindfulness, Healthy Choices for Sex Offenders, and Competency Restoration. Administered, scored, and interpreted psychological assessments to provide diagnostic clarity, likelihood of competency restoration, malingering assessments, treatment and sentencing recommendations, as well as determine cognitive ability of individuals with severe mental illnesses. Conducted Initial Psychological Assessments upon admission to the hospital. Presented patients to the hospital's Forensic Review Board to assess appropriate level of privileges and progress toward discharge. Attended and conducted rounds and treatment team planning with a multi-disciplinary team. Participated in extern screening, interviewing, and selection. Reviewed community service programs. Attended weekly seminars and presented therapy, assessment, and culturally relevant cases.

Supervisors: Eric Jones, Ph.D., Wendy Olson, Ph.D., Jonathan Lam, Ph.D., Kate Croson, Psy.D., Ivan N. Marin-Soler, Psy.D., & Sidney Binks, Ph.D., ABPP-CN

Total Hours: 2100

07/12- 07/13

**Advanced Practicum Extern
St. Elizabeth's Hospital- Neuropsychology
Washington, D.C.**

Conducted full neuropsychological assessment batteries with patients suffering from a full range of psychiatric diagnoses, such as schizophrenia, schizoaffective, and Bipolar I & II disorders. Patients included forensic and non-forensic populations. Weekly supervision was conducted by a board certified (ABPP-CN) clinical neuropsychologist.
Supervisor: Sidney Binks, Ph.D., ABPP-CN

Total Hours: 619

09/11-06/12

**Practicum Extern
Family Support Center
Bethesda, MD**

Provided psychotherapy for students (ages 11-20) that originated from multiethnic and diverse socio-economical backgrounds. Psychotherapy was provided to prevent, recognize, and overcome mental health and behavioral problems in children and adolescents within an alternative school setting. Students presented with various axis I disorders such as ODD, ADHD, and conduct disorder. A combination of cognitive-behavioral and psychodynamic orientations for individual and group therapy with adolescents were utilized.

Supervisor: Julie Bindeman, Psy.D.

Total hours: 602

08/10-06/11

**Practicum Extern
Psychiatric Institute of Washington, Washington, D.C.**

Administered, scored, interpreted, and wrote integrative psychological assessment reports for children, adolescents, and adults who presented with a variety of challenges (legal involvement, homelessness, and military service). Most reports were court-referred for juvenile justice system involvement. Conducted up to three weekly group therapy sessions for the patients. Exposed to ground rounds of the hospital, as well as individual and group supervision. Used a psychodynamic orientation for individual and group therapy with adolescents.

Supervisor: Kendra Ward, Psy.D

Total Hours: 699

9/08-12/08

**Master's Intern
Victoria Transcultural Clinical Center, Fairfax, VA.**

Provided intensive home based individual and family counseling to children and adolescents with behavioral and mental health issues such as ODD, ADHD, and Major Depressive disorders. Created appropriate treatment and discharge plans, progress notes and other clinical documentation.

Supervisor: Melvin Pride, MA., M.S. L.P.C.

Total hours: 600

Moss, R., Priluck, J., Bonilla, X., Evans, C., Macedo, P.S. (2016). Neuropsychological assessment in two Cases of adult mild traumatic brain injury with a history of childhood head trauma. *Applied Neuropsychology: Adult*, doi: 10.1080/23279095.2016.1159562

RESEARCH AND TEACHING EXPERIENCE

Clinical Research Project (CRP)-Dissertation Equivalent- "The Impact of Shame on Individuals with Multiple Sclerosis." A small sample was administered self-report measures and a semi-structured interview to quantify the degree of shame endorsed by individuals with multiple sclerosis and to examine its relationship to their psychosocial symptoms.

Chair: Alison A. Fedio, Ph.D., Psy.D.

Completed: 09/06/2013

Bonilla, X., & Jameison, H. (2012). Behavioral management of type 2 diabetes. Poster session presented for Medical Psychology class at Argosy University. Arlington, VA.

Needham, V., Bonilla, X., Fedio, A., & Pacos, A. (2013). A case study of an eleven-year old with an atypical cluster of symptoms: ADHD, LD, autism-spectrum disorder, sensory integration disorder, social deficit or other? Poster session presented at the 2013 International Neuropsychology Society Annual Meeting. Waikoloa, HI.

Needham, V., Bonilla, X., Fedio, A., & Pacos, A. (2013). A case study of an eleven-year old with an atypical cluster of symptoms: ADHD, LD, autism-spectrum disorder, sensory integration disorder, social deficit or other? Poster session presented at the 2013 International Women's day: Celebrating the future of research at Argosy University. Arlington, VA.

Chopra, L., Bonilla, X., Binks, S., & Fedio, A. (2013). Neurosyphilis- A case study of the nexus of severe and persisting mental illness, addiction, homelessness, and ignorance. Poster session at the 2013 International Neuropsychology Society Mid-year meeting. Amsterdam, NL.

Bonilla, X. Fedio, A., Johnson, K., & Sexton, J. (2013). Shame and multiple sclerosis. Poster Session at the 2013 National Academy of Neuropsychology Annual Conference. San Diego, CA.

Priluck, J., Bonilla, X., Evans, C., & Moss, R. L., (2015). Prolonged neuropsychological deficit following mTBI. Poster Session at the 2015 International Neuropsychology Society Annual Meeting. Boston, MA.

08/19-Present

Adjunct Professor

George Washington University

Graduate School of Education and Human Development

Part-time faculty- Adjunct professor teaching a 3 credit courses (Advanced Clinical Internship, Diagnosis & Treatment Planning, Assessment) to students in the Clinical Mental Health Counseling program.

05/15-07/15

Teaching Assistant

Argosy University

Washington, D.C.

Supervisor: Karen Weise, Ph.D

History & Systems Course (Two sections): Assisted clinical psychology doctoral students with their history and systems projects. Facilitate class discussion and engage with students in an interactive, blended online environment. Responsible for grading and providing feedback of course assignments.

01/15-04/15

Teaching Assistant

**Argosy University
Washington, D.C.**

Supervisor: Patrice Alvarado, Ph.D

Consultation & Supervision Course: Assisted 4th year clinical psychology doctoral students with their consultation and supervision projects. Facilitate class discussion and engage with students in an interactive, blended online environment. Responsible for grading and providing feedback of course assignments.

CLINICAL WORK EXPERIENCE

11/24-Present

**Clinical Psychologist
Green Valley Therapy
Frederick, MD**

Provide individual, family, and couples therapy to a caseload of 30+ clients. Provide therapeutic treatment and clinical interventions utilizing an integrative theoretical approach for a variety of clinical syndromes. Clients often present with anxiety, depression, substance abuse, bipolar disorders, and personality disorders. Provide clinical consultation with a multidisciplinary team of providers that include psychiatrists, physical assistants, social workers, and counselors. Provide supervision to graduate counselors and students. Telepsychiatry is also a modality that is provided.

10/23/10/24

**Therapist
Dr. Goldberg & Associates
Reston, VA**

Provide individual psychotherapy to a caseload of up to 30 clients. Provide individual therapy for adults utilizing an integrative theoretical approach for the treatment of anxiety and depression. Clients often present with anxiety, depression, substance abuse, and bereavement. Also provide couples therapy and working with different clients of various cultural and ethnic backgrounds.

10/18-12/23

**Psychology Associate/Psychotherapist
Columbia Associates in Psychiatry
Arlington, VA**

Provide individual, family, and couples therapy to a caseload of 30+ clients. Provide therapeutic treatment and clinical interventions utilizing an integrative theoretical approach for a variety of clinical syndromes. Clients often present with anxiety, depression, substance abuse, bipolar disorders, and personality disorders. Provide clinical consultation with a multidisciplinary team of providers that include psychiatrists, physical assistants, social workers, and counselors. Provide supervision to graduate counselors and students. Telepsychiatry is also a modality that is provided.

07/14-12/18

**Therapist
Re-New Psychological Services
DuPont Circle/Thomas Circle-Washington, D.C.**

Provide individual psychotherapy to a caseload of up to 30 clients. Provide individual therapy for adults utilizing an integrative theoretical approach for the treatment of anxiety and depression. Clients often present with anxiety, depression, substance abuse, and bereavement. Also provide couples therapy and working with different clients of various cultural and ethnic backgrounds.

02/12-06/13

**Counselor
Youth and Family Services Center**

Prince George's County Health Department- Division of Addictions and Mental Health Langley Park, MD

Provided clinical services to a caseload up to 25 clients. Provided specific treatment and interventions for substance abusing youth and their families. Responsible for documentation of clinical records in the PGHD database. Participated in weekly supervision. Maintained confidentiality and the division's policies and procedures.

01/12-07/16

Group Therapist

**J & E Associates Inc., Abuser Intervention Program, New Beginnings
Montgomery County Department of Health and Human Services, Rockville, MD**

Provide group psychotherapy to adult males that are domestic violence offenders. Conduct multiple groups that follow a state-designed program for domestic violence offenders. Write progress notes and collaborate with other service providers. Conduct clinical intake and individual counseling as needed.

12/11- 04/13

Therapist

Multicultural Counseling LLC., Beltsville, MD

Provided individual therapy from a combination of cognitive- behavioral and psychodynamic orientations to adults and adolescents. Served clients that have mood and anxiety disorders along with some personality disorders. Wrote progress notes and treatment plans for each client.

08/10-07/13

Therapist

API Associates Inc., Washington, D.C.

Provide individual, family, and play therapy to children and adolescents with a variety of Axis I disorders using a psychodynamic approach. Conduct clinical diagnostic assessments. Provide expert witness testimony and court reports in cases involving Children and Family Services Agency and Child Protective Services. Received training in sex offender therapy. Responsible for treatment planning and appropriate documentation of clients' progress. Receive monthly individual and group supervision.

10/09-02/12

Children's Crisis Specialist

Catholic Charities/'Champs' Program, Washington, DC.

Provided short-term crisis intervention and counseling to children and adolescents experiencing suicidal and homicidal ideation, and severe emotional or behavioral disturbances. Conduct psychological assessments to determine risk and appropriate level and locus of care. Assist clients in obtaining inpatient treatment both on a voluntary and involuntary basis. Presented case presentations to hospital staff to assist in assessing the appropriateness of hospitalization.

07/09-10/09

Mental Health Therapist

Anchor Mental Health, Washington D.C.

Conducted individual therapy with clients that have chronic and severe mental illness. Responsible for clinical documentation such as progress notes and treatment plans for the clients. Attend supervision sessions with a Licensed Professional Counselor (LPC).

06/07-10/09

Recovery Specialist

Family Preservation Services Inc., Washington, D.C.

Met and assisted adults that have a variety of chronic mental illnesses such as schizophrenia, bipolar disorder, and borderline personality disorder to find stable housing and a steady vocation. Worked in a variety of facilities including psychiatric hospitals, jails, and homeless shelters in the area served.

04/08-04/09

Home-Based Counselor

Victoria Transcultural Clinical Center, Fairfax, VA

Provided intensive home-based counseling services to children and adolescents (ages 4-18) that had behavioral and mental health problems. Conducted individual, family, and game counseling, as well as parenting skills. Provided case management services. Ensured that paperwork was completed. Consulted with staff psychiatrist on a regular basis and had weekly case supervision with a qualified Licensed Independent Clinical Social Worker (LICSW).

07/07-04/08

Residential Counselor

Woodley House Inc., Washington DC.

Provided assessment and coordinated treatment, direct and individual/group counseling, rehabilitation, and support services for the seriously mentally ill at this group home. Monitored, supervised, and educated patients about medication compliance. Performed screening interviews, intakes, and orientation services. Ensured paperwork was completed. Conducted discharge planning and case management.

PROFESSIONAL DEVELOPMENT

2012

CRP presentation to Neuropsychology Interest Group

PROFESSIONAL AFFILIATIONS

2009-Present

American Psychological Association,
APA Division 40- Society for Clinical Neuropsychology

2011- Present

Maryland Psychological Association

2012- Present

International Neuropsychological Society