

Grief in the DSM-5: The Most Recent Diagnostic Guidelines

A review of the DSM across the decades reveals a complicated history of the inclusion and exclusion of grief-related emotional difficulties for bereft clients. Starting with the DSM-III, uncomplicated bereavement was introduced as a condition that may be the focus of clinical attention. As research on complicated grief progressed, changes in subsequent DSMs has led to controversy, extended research, and, eventually, the inclusion of prolonged grief disorder in the upcoming release of the DSM-5-TR in mid-2021. This 3 hour presentation explores the history of how bereavement has been addressed in previous and current DSMs and the ICD, an examination of the bereavement exclusion in major depressive disorder and adjustment disorder, the development and inclusion of persistent complex bereavement disorder in the DSM-5, and the diagnostic criteria for prolonged grief disorder in the DSM-5-TR and the ICD-11. Additionally, the presentation will explore differential diagnosing so the practitioner will be skilled in making sound clinical judgment in treatment planning.

Target Audience

Psychologists
Therapists

Social Workers
Psychiatrists

Counselors
Nurses

Course level: Intermediate

Learning Objectives

At the end of this seminar, participants will be able to:

1. Explain the history of how bereavement has been addressed in previous Diagnostic and Statistics Manuals (DSM).
2. Explain why the bereavement exclusion was removed from the diagnosis of major depressive disorder in the DSM-5.
3. Apply diagnostic criteria from the DSM-5 to diagnose uncomplicated and complicated bereavement.
4. Identify the diagnostic criteria for prolonged grief disorder and characterize how it relates to clinical practice.
5. Make accurate diagnoses of disorders related to grief.

Seminar Schedule

Typically begins at 10:00 PM and ends at 1:15 PM Eastern time. There is one 15 minute break. However, check the webinar schedule.

Outline

- Begin 10 AM ET
Grief in Previous DSM's
History of how bereavement has been addressed
Why changes were needed
- Change in ICD-11
Prolonged grief disorder
Diagnostic criteria
- Break 11:30-11:45 AM ET
Grief in the DSM-5: Changes and Diagnosis
Elimination of the bereavement exclusion criterion for major depressive disorder
Research regarding complicated grief
Persistent complex bereavement disorder in the DSM-5
How to diagnose complicated and uncomplicated bereavement using the DSM-5
- A Look Ahead
Why Prolonged Grief Disorder in the DSM is needed in clinical practice
Proposed criteria
- End 1:15 PM ET

Our seminars are available in two formats. The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times. Participants will earn 3 CE's for attending once they have completed these requirements.

PSYCHOLOGISTS: tzkseminars is approved by the American Psychological Association to sponsor continuing education for psychologists. tzkseminars maintains responsibility for this program and its content.

SOCIAL WORKERS: tzkseminars (Provider # 1242) is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. tzkseminars maintains responsibility for this course. ACE provider approval period: 3/28/2022 to 3/28/2025. Social workers completing this course receive 3 general continuing education credits.

COUNSELORS: tzkseminars has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6621. Programs that do not qualify for NBCC credit are clearly identified. tzkseminars is solely responsible for all aspects of the programs.

tzkseminars is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0024.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists #0001.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #0003.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #0004.

tzkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts #0002.

tzkseminars is recognized by the New York State Education Department's State Board for Psychologists as an approved provider of continuing education for licensed psychologists #PSY-003.

tzkseminars is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

The Presenter

Christina Zampitella Psy.D., FT is a licensed clinical psychologist, Fellow of Thanatology, and founder and owner of The Center for Grief and Trauma Therapy. She often works as an adjunct professor and professional speaker, and especially enjoys training emerging mental health professionals. Dr. Zampitella is the host of her podcast, Phoenix Rising with Dr. Z. She focuses her clinical practice, research, course development, and teaching on bereavement studies, spirituality, nature-based therapy, and integrative psychology. She served as the chair for the Continuing Education Committee for several professional institutions and is an advisory board member of the Tragedy Assistance Program for Survivors (TAPS). She is the former resident psychologist for Fox 5 News in San Diego, and often appeared on NBC News. She has been featured in Elle Magazine, BuzzFeed, The Huffington Post, New York Post, and several Delaware Magazines and newspapers. Dr. Zampitella happily lives with her husband, three-bonus sons, and three cats in Delaware.

General Information

The TZKseminars educational planning committee members and this seminar's presenter have no relationship with any ineligible companies—those whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients.

Individuals with a disability or special need can go to tzkseminar.com to the Contact page to request accommodations.

This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, Daphne Fatter, Ph.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2025.

To cancel a registration, go to the Contact page. You will be charged \$30 for any cancelled registration.

If you would like to file a grievance, go to tzkseminars.com and read our Grievance Policy. Then, you can file a grievance on our Contact page. You can also send a written grievance to:

tzkseminars, LLC
2110 South Eagle Road
P.O. Box 310
Newtown, Pa. 18940

