

Heather M. Hartman-Hall, Ph. D.

EDUCATION

American University, Washington, DC

Ph. D. in Psychology, December 2000

M. A. in Psychology, December 1997

APA-accredited doctoral program in Clinical Psychology

Hurst Scholar Award, 1994-1998

Teaching Unit Fellowship, 1994-1998

APA-accredited doctoral internship, Springfield Hospital Center, 1999-2000

University of Maryland, College Park, Maryland

B. S. in Psychology, May 1994

Summa Cum Laude, with Honors in Psychology

ACADEMIC APPOINTMENT

Georgetown University School of Medicine, Washington, DC

Assistant Professor of Clinical Medicine, Jan 2018- present

LICENSE

Maryland License, Psychologist, #3854 – Initial license date July 2002, continuous licensure to present

CERTIFICATIONS

Association of American Medical College (AAMC) Medical Education Research Certificate (MERC) – March 2021

Association of American Medical Colleges (AAMC) Leadership Education and Development Certificate Program at MedStar Health and Georgetown University Medical Center – May 2021

Wendt Center for Loss and Healing Grief and Trauma Therapy Certification – October 2021

CLINICAL/WORK EXPERIENCE

MedStar Health Center for Wellbeing

Clinical Director for Behavioral Health Initiatives, MedStar Health Center for Wellbeing (February 2022-present)

MedStar Health Internal Medicine Residency, Baltimore

Associate Program Director (July 2021-present)

Director of Residency Well-Being and Behavioral Health Education (September 2017 – present)

Psychologist/Internal Medicine Residency Faculty Member (July 2015 – present)

MedStar Union Memorial Adult Medicine Clinic Resident Clinic Preceptor (July 2021-January

2024)

MedStar Franklin Square Medical Center Primary Care Center Behavioral Health Consultant and Residency Clinic Preceptor (July 2015-February 2024)

TZK Seminars

Speaker on working with older adults; clinician wellbeing; psychological trauma, May 2012-present

Springfield Hospital Center – Sykesville, MD

Consultant (2015 – 2019)

Director of Intern Training and Co-Associate Director, Department of Psychological Services (2010-2015)

Staff Psychologist (2000-2010)

Lafferman & Associates - Baltimore, Maryland

Consultant and therapist in older adult facilities (2009-2015)

Baltimore Testing and Assessment Services, Baltimore, Maryland

Assessment and report writing for psychological and learning evaluations (2008-2009)

Thomas O'Farrell Youth Center, Marriottsville, Maryland

Consulting psychologist – evaluations, individual and group therapy (2006-2008)

Office of Melinda Stein, Ph.D., Towson, Maryland

Psychology Associate – psychological assessments (2000 – 2001)

Greenbelt CARES Youth and Family Services Bureau, Greenbelt, Maryland

Crisis Intervention Counselor embedded with Greenbelt Police Department (1998-1999)

PEER-REVIEWED PUBLICATIONS

Apathy NC, **Hartman-Hall H**, Tran A, Kim D, Ratwani RM, Marchalik D. Accounting for taste: preferences mediate the relationship between documentation time and physician burnout. *Journal of the American Medical Informatics Association* 2024, 1–9. doi:10.1093/jamia/ocae193.

Hartman-Hall H, Kanwal A, Jory L, et al. Scribes with PGY-1 residents on inpatient medicine teams: effect on time spent in meaningful work. *J Commun Hosp Int Med Perspect*. 2023;13. doi:10.55729/2000-9666.1137.

Detterline S, **Hartman-Hall H**, Garbow K, Rawal H, Blackwood D, Nizialek G, Nashaat Z. An internal medicine residency's response to the COVID-19 crisis: caring for our residents while caring for our patients, *J Commun Hosp Int Med Perspect*. 2020;10:6. doi: 10.1080/20009666.2020.1807218

Hartman-Hall HM & Haaga DAF (2002). College students' willingness to seek help for their learning disabilities. *Learning Disability Quarterly*, 25, 263-274.

Hartman-Hall HM & Haaga DAF (1999). Content analysis of cognitive bias: development of a standardized measure. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 17, 105-114.

GRANTS

Hartman-Hall H & Detterline S. “Do gender, depression, and meaning in work interact to affect physician burnout?” MedStar Medical Education Research SELECT Grant, \$5400. March 31, 2019 – February 1, 2020.

Hartman-Hall H & Detterline, S. “Can existing resident-advisor relationships be effectively utilized to promote resilience and well-being in internal medicine residents?” MedStar Medical Education Research SELECT Grant, \$11,000. July 2018-June 2019.

PEER REVIEWER

- *Journal of Clinical Psychology in Medical Settings*, June 2022-present (3 reviews)

- *Emergency Medicine Journal*, January 2024 – present (1 review)

CONFERENCE PRESENTATIONS

Hartman-Hall H, Marchalik D. Does the Stress Continuum measure burnout and professional fulfillment? National Summit on Promoting Well-Being and Resilience in Healthcare Professionals, October 2024, Columbus, Ohio.

Hartman-Hall H, Bocknek L, Dixit R, Howe J "Utilizing feedback from Stress First Aid champions to drive innovation for program improvement and advanced implementation in a large healthcare organization" American Conference on Physician Health, October 2023, Palm Desert CA

Lawrence E, Brazeau C, Felder M, **Hartman-Hall H.** “FLOWing towards the future: creating a wellness mini-grant program” American Conference on Physician Health, October 2023, Palm Desert CA

Hartman-Hall H, Marchalik D. Oral presentation: “Recognizing when we are not OK: the Stress Continuum as a wellbeing assessment tool for physicians” International Conference on Physician Health in October 2022; Orlando, Florida

Stewart M, Olson K, **Hartman-Hall H, Boldizar L, Harry E.** Workshop presentation: “Empowering Healthcare Professionals to be Local Change Agents: Implementing a Well-being Champion Program.” International Conference on Physician Health in October 2022; Orlando, Florida

Hartman-Hall H, Selinger S. Oral research presentation: “‘We don't really talk about it.’ Role modeling and coping with patient deaths in the ICU.” Association for Medical Education in Europe (AMEE) conference, virtual format, August 2021.

Hartman-Hall H, Selinger S. Oral research presentation: “‘We don't really talk about it.’ Role modeling and coping with patient deaths in the ICU.” International Association of Medical Science Educators (IAMSE) Annual Meeting, virtual format, June 2021.

Yousaf MH, Selinger S, **Hartman-Hall H**. Oral research presentation: “Impact of an onsite intensivist on resident training and level of stress/anxiety while working in critical care unit during the COVID-19 pandemic.” International Association of Medical Science Educators (IAMSE) Annual Meeting, virtual format, June 2021.

Detterline S, **Hartman-Hall H**, Kanwal A, Jory L, Maharaj A, Desale S. Oral research presentation: “Scribes on an inpatient resident team: Creating time for meaningful work.” MedStar Health-Georgetown University CENTILE Colloquium for Educators in the Health Professions, virtual format, May 2021.

Downing V, Boatswain B, Eull N, **Hartman-Hall H**, Rooney SC. Panel Discussion, “Psychologists as Facilitators of Transformative Change in Times of Crisis,” Association of Psychologists in Academic Health Centers Biennial Conference, Virtual format, March 5, 2021.

Hartman-Hall H, Detterline S. Workshop, “Engaging Faculty and Residents in Examining the Hidden Curriculum: Application of an Interactive Tool,” Georgetown University Center for Teaching and Leadership in Education Conference 2019, Washington DC, October 29 2019.

Hartman-Hall H “Making Sense of the Complexities of Trauma and Clinician Self-Care: From Knowledge to Action,” Invited speaker; Delaware Psychological Association Annual Conference, Bethany Beach, Delaware, November 2017.

SELECTED POSTER PRESENTATIONS

Clark Brown A, **Hartman-Hall H**, Davis A, Roles C. “LEADWell: A wellness-centered pilot program for healthcare leaders.” *To be presented October 2024* at the National Summit on Promoting Well-Being and Resilience in Healthcare Professionals, Columbus, Ohio.

Shaw K, **Hartman-Hall H**, Godfrey K, Williams A, Holder K. “We’re just down the hall: round out your well-being team with behavioral health professionals.” *To be presented October 2024* at the National Summit on Promoting Well-Being and Resilience in Healthcare Professionals, Columbus, Ohio.

Apathy N, Hartman-Hall H, Kim D, Ratwani R, Marchalik D. Physician documentation preferences, EHR documentation time, and burnout. AcademyHealth Annual Research Meeting in July 2024, Baltimore, Maryland.

Milic M, Wocial L, Jumper J, Griswold E, Yu J, Sotomayor C, Taylor T, Orrell B, Keyloun B, Dey A, Vittone S, **Hartman-Hall H**, Sulmasy D. Improving Palliative Care Teamwork in the ICU- InterProfessional Education: IMPACT-IPE, A Virtual MedStar Collaboration. MedStar Health-Georgetown University Research & Education Symposium in April 2024, Bethesda, Maryland.

Hartman-Hall H, Marchalik D. “Engaging residency and fellowship programs in culture change: where are we now?” International Conference on Physician Health in October 2022; Orlando, Florida

Hartman-Hall H, Morales C. “Stress First Aid: Addressing Stress and Creating a Wellness Culture in Healthcare Settings.” Third National Summit on Promoting Well-Being and Resilience in Healthcare Professionals in September 2022; Columbus, Ohio

Hartman-Hall H, Detterline S, Mete M. "Relationship of time in meaningful work with professional burnout and fulfillment in internal medicine residents." Presented at Academic Internal Medicine Week April 2022 in Charlotte, NC

Hartman-Hall H, Morales C. “Stress First Aid training for nurse leaders.” Presented at the Maryland Nurses Association 118th Virtual Annual Convention, October 2021

Hartman-Hall H, Kanwal A, Jory L, Maharaj A, Desale S, Detterline S. “Scribes on an inpatient resident team: Creating time for meaningful work.” Presented at the International Conference on Residency Education (ICRE), virtual format, October 22, 2021.

Hartman-Hall H, Detterline D, Wang H. “Do depression, time in meaningful work, and gender interact to affect physician burnout?” Presented at the Alliance for Academic Internal Medicine (AAIM) APDIM Online 2021 fall meeting, October 2021.

Hartman-Hall H, Marchalik D, Mete M. “Addressing trauma exposure and stress in primary care during COVID-19: a train the trainer Stress First Aid program.” Presented at the American Conference on Physician Health (ACPH), virtual format, October 8, 2021.

Hartman-Hall H, Marchalik D, Bryan N. Poster presentation. “Wellness focus groups: Assessing the needs of the MedStar workforce during and after the first 2020 COVID-19 surge.” Presented at MHRI symposium, virtual format, May 12, 2021.

Hartman-Hall H, Marchalik D, Mete M. Poster presentation. “Addressing stress in the primary care workforce during COVID-19: A train the trainer Stress First Aid pilot program.” Presented at MHRI symposium, virtual format, May 12, 2021.

Hartman-Hall H, Detterline S, Wang H. “Do depression, time in meaningful work, and gender interact to affect physician burnout? Presented in a moderated session at the MedStar Health-Georgetown University CENTILE Colloquium for Educators in the Health Professions, virtual format, May 11 2021.

Orrell B, Vittone S, Sotomayor C, **Hartman-Hall H**, Griswold Elizabeth, Waters J, Taylor T & Milic M. “A pilot program for integrating multidisciplinary palliative care in the ICU – interprofessional education: IMPACT-IPE. Presented in a moderated session at the MedStar Health-Georgetown University CENTILE Colloquium for Educators in the Health Professions, virtual format, May 11 2021.

Detterline S, **Hartman-Hall H**, Kanwal A, Jory L, Maharaj A, Desale S “Scribes on an inpatient resident team: Creating time for meaningful work.” Accepted for the MedStar Health-Georgetown University CENTILE Colloquium for Educators in the Health Professions, virtual format, May 2021.

Hartman-Hall H, Selinger S. “‘We don't really talk about it.’ Role modeling and coping with patient deaths in the ICU.” Presented at the Alliance for Academic Medicine’s Spring 2021 Academic Internal Medicine Week, virtual conference

Hartman-Hall H, Detterline S. “Engaging faculty and residents in examining the hidden curriculum: application of REVIEW in an internal medicine residency. Accepted for the MedStar Health-Georgetown University Research Symposium, Bethesda, Maryland, April 6, 2020. (*Symposium postponed due to COVID-19 precautions*)

Maharaj A, Kanwal A, Jory L, Avgeropoulos D, **Hartman-Hall H**, Persaud R, Detterline S. “The impact of scribes on resident time spent performing electronic medical record tasks.” Accepted for the MedStar

Health-Georgetown University Research Symposium, Bethesda, Maryland, April 6, 2020. (*Symposium postponed due to COVID-19 precautions*)

“Difficult patient deaths: a qualitative study of experiences in the ICU.” Shitaye A, **Hartman-Hall H**. Accepted for the MedStar Health-Georgetown University Research Symposium, Bethesda, Maryland, April 6, 2020. (*Symposium postponed due to COVID-19 precautions*)

“A residency fatigue program: is it working, and how do we know?” **Hartman-Hall H**, Vij R, Mete M, & Detterline S. Presented at the MedStar Health Research Institute Symposium, Bethesda, Maryland, May 30 2019.

“Improving residents’ communication skills using patient feedback.” Saade L, Brooks H, Detterline S, Yazaji E, **Hartman-Hall H**, & Fernandez S. Presented at the MedStar Health Research Institute Symposium, Bethesda, Maryland, May 30 2019. *Best Poster Abstract Award*

“Let’s talk about it: resident discussion groups as an effective strategy to address well-being.” **Hartman-Hall H**, Detterline S, Vij R, & Mete M. Presented at the Alliance for Academic Internal Medicine (AAIM) Academic Internal Medicine Week, Philadelphia, PA, April 2019.

“Changing the culture and building resilience: a comprehensive internal medicine residency well-being program,” **Hartman-Hall H**, Detterline S, Vij R, & Mete M. Presented at the Alliance for Academic Internal Medicine (AAIM) Academic Internal Medicine Week, Philadelphia, PA, April 2019.

“The implementation of SBIRT in primary care.” **Hartman-Hall H** & Tammara A. Presented at MedStar Health Research Institute Symposium, Bethesda, Maryland, April 30 2018.

“Changing the culture: a residency wellness program.” Narayen G, **Hartman-Hall H**, & Detterline S. Presented at MedStar Health Research Institute Symposium, Bethesda, Maryland, April 30 2018

SELECTED INVITED PRESENTATIONS AND TALKS

“Fatigue in Residency,” Grand Rounds for Family Medicine at MedStar Franklin Square Medical Center, October 17, 2024, Baltimore, Maryland.

“Psychological Safety: At the intersection of Wellbeing and Equity, Inclusion, & Diversity” Keynote Speaker and panelist at the MedStar System/Information Services/ Shared Services EI&D Council 2nd Annual Focus Forum on Tuesday, June 2024, Columbia MD.

“Impact of Stress First Aid” – panel moderator, MedStar Health National Nurse Wellbeing Conference, March 2024, Washington DC.

“Together we Get Better: Giving and Receiving Feedback in Medical Education,” Internal Medicine Residency retreat, Luminis Health Anne Arundel Medical Center, February 2024, Annapolis Maryland.

“We are Already Resilient: Organizational and Individual Approaches to Wellbeing,” Grand Rounds at Luminis Health Anne Arundel Medical Center, February 2024, virtual format.

“Stress First Aid – Caring for Ourselves and Each Other,” Grand Rounds at Nemours Children’s Health, February 2024, virtual format.

"Stress First Aid and Suicide Prevention," Grand Rounds at Emory HealthCare Woodruff Health Sciences Center, September 2023, virtual format.

"Organizational Approaches to Whole Health," Invited panelist with Stewart M, Harry E, and Leffler M. Panel discussion, Seventh Annual Integrative Health Symposium, Children's Hospital of Philadelphia, September 2023, virtual format.

"Managing Difficult Clinical Outcomes" – presenter, MedStar National Rehabilitation Hospital Grand Rounds, August 29, 2023, virtual format.

"Advocacy Burnout and Fatigue" - Invited panelist for MedStar National Rehabilitation Hospital Equitable Practice Interest Committee (EPIC) Community Conversation June 7 2023, virtual format.

"Stress first aid as a practical intervention in promoting nurse wellbeing," presented at the Building a Successful Nurse Wellbeing Program, MedStar Health, March 2023, Bethesda MD.

"Stress and Resilience at Work" – presenter, MedStar National Rehabilitation Hospital Grand Rounds, September 29, 2021, virtual format.

"Mental Health and the Workforce" – panelist for the National Alliance on Mental Illness Metropolitan Baltimore Annual Meeting, September 22, 2021, virtual format.

"Resilience for Physicians" – Anne Arundel Medical Center Faculty Development presentation May, 2021, virtual format.

"Well-being in Difficult Times" – Continuing education presentation for Maryland Assembly on School-Based Health Care; November 18 2020, virtual format.

"Stress and Work in the time of COVID-19" – Staff development presentations for Frederick County Child Protective Services team; August 20, 21, and 28, 2020, virtual format.

TEACHING, MENTORING, AND ADVISING

-Clinical preceptor and consultant for residents, primary care resident clinic at MedStar Franklin Square Medical Center Primary Care Center, July 2015- February 2024; at MedStar Union Memorial July 2021- January 2024

-Didactic presentations for MedStar Health, Baltimore, Internal Medicine residency program, July 2015-present

-Didactic presentations and clinical teaching for Georgetown University LIC medical students at MedStar Franklin Square Medical Center and MedStar Union Memorial Hospital, January 2016 – July 2022

-Mentor for Georgetown University School of Medicine student 4th year research project, July 2018-June 2019

-Clinical teaching and didactic presentations for Georgetown LIC students in primary care behavioral health clinic, Aug 2017- June 2019

-Professional development mentor for two clinical psychology doctoral interns (monthly meetings) at Springfield Hospital Center (DHMH), September 2016-August 2017

-Regular seminar presenter for clinical psychology doctoral internship and faculty development seminars for the Department of Psychological Services at Springfield Hospital Center (DHMH), October 2000 – June 2019

-Resident wellness group sessions for all MedStar Baltimore internal medicine residents, July 2017 – present

SERVICE

- MedStar Health Interprofessional Continuing Education Steering Committee, April 2024 – present
- MedStar Health representative on the American Hospital Association Suicide Prevention in the Health Care Workforce Learning Collaborative, 2023
- Co-Chair, MedStar Health ED&I Academic Affairs Council Wellness Sub-Committee, September 2022-June 2023
- Faculty member, MedStar Health Internal Medicine Residency, Baltimore (MHIM), July 2015-present
 - MHIM Clinical Competency Committee, member July 2015 – June 2022; co-chair May 2018 – June 2022
 - MHIM Resident Selection Committee, July 2015- June 2022
 - Chair of MHIM Wellness and Social Committee, September 2017- June 2022
 - MHIM Program Evaluation Committee July 2018-June 2020
- MedStar Health System Graduate Medical Education Committee (GMEC), March 2022 - present
- Planning Committee and abstract reviewer for MedStar Health Research Symposium, December 2021 – present
- CENTILE Educational Colloquium Planning Committee and abstract reviewer, February 2022 - present
- Chair, MedStar Health GME Wellbeing Committee, April 2021 to June 2023
- Poster session moderator, American College of Physicians, Maryland Chapter Mulholland Mohler Residents Meeting, 2020
- Member of MedStar Union Memorial Hospital Wellness Committee, April 2018-present
- Member of MedStar Physician Wellness Workgroup, January 2017 – December 2018
- Member of MedStar Union Memorial Patient Experience Domain Team (Physician Communication), November 2017- March 2022
- Member of Medstar Franklin Square Medical Center Ethics Committee, January 2019-June 2022
- Wellness sessions for Georgetown University medical students rotating in MedStar Baltimore hospitals (monthly), July 2019-June 2022
- Member of Georgetown University/MedStar Working Group for Racial Justice, Clinical Learning Environment subgroup, September 2020-June 2022
- Member of MedStar Franklin Square Medical Center Wellness Committee, May 2021-Dec 2023
- Faculty facilitator for poster sessions at Georgetown University School of Medicine annual Student Research Day, 2021 – 2024

PROFESSIONAL AWARDS AND RECOGNITIONS

Georgetown University Medical Center Teaching Academy for the Health Sciences, Principal Member in the domain of Educational Scholarship, October 2021

State of Maryland Department of Health and Mental Hygiene 2011 Exceptional Performance Award
Springfield Hospital Center Employee Achievement Award, 2010

PROFESSIONAL MEMBERSHIPS

Maryland Psychological Association

APA Division 38: Society for Health Psychology

Association of Psychologists in Academic Health Centers

Alliance for Academic Internal Medicine

References available upon request