

Non-Medical Treatment of Sexual Concerns and Dysfunctions

Who we are as sexual beings carries profound personal and interpersonal meaning for each of us. Research consistently demonstrates that for most people, sexual satisfaction is a critical component of relationship and life satisfaction. Yet as important as sex can be, sexual concerns are strikingly common, even among non-clinical populations. Most therapists feel they've been inadequately trained to address sexual issues with their clients. This talk offers actionable advice for general therapists treating sexual dysfunction in men and women, with a focus on heterosexual relationship dynamics.

Target Audience

Psychologists
Therapists
Social Workers
Psychiatrists
Counselors
Nurses
Course level: Intermediate

Learning Objectives

At the end of this seminar, participants will be able to:

1. List three psychotherapeutic treatment approaches for women struggling with low desire.
2. Identify psychotherapeutic strategies for treating low libido, premature ejaculation, erectile dysfunction, and delayed ejaculation in men.
3. Summarize therapeutic guidance for couples struggling with desire discrepancy.
4. Identify five medications that impact sexual function.
5. Identify three medical conditions that impact sexual function.

Seminar Schedule

Typically begins at 12:00 PM and ends at 4:15 PM Eastern time. There is one 15 minute break. However, check the webinar schedule.

Outline

Begin 12 PM ET

Introduction

Female Sexual Concerns

Libido

Arousal

Orgasm

Male Sexual Concerns

Break 2-2:15 PM ET

Libido

Premature ejaculation

Erectile dysfunction

Delayed ejaculation

Assorted Topics:

Desire discrepancy

Asexuality and compulsive sexual behavior

Porn use and overuse

Monogamy

End 4:15 PM ET

Our seminars are available in two formats. The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times. Participants will earn 4 CE's for attending once they have completed these requirements.

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The Presenter

Dr. Marianne Brandon is a clinical psychologist and Diplomate in sex therapy. She writes the popular Psychology Today blog "The Future of Intimacy." She is author of *Monogamy: The Untold Story, Unlocking the Sexy in Surrender: Using the Neuroscience of Power to Recharge Your Sex Life*, and co-author of *Reclaiming Desire: 4 Keys to Finding Your Lost Libido*. She co-hosted a talk radio show, is a past book review editor for the American Association of Sex Educators, Counselors, and Therapists, past board member of The International Society for the Study of Women's Sexual Health, and regularly writes and lectures for professional and lay audiences. She has served twice as a panel member for FDA hearings evaluating medications relevant to female sexual function. Her areas of expertise include the conceptualizing human sexuality and sexual dysfunction from an evolutionary perspective. You can learn more about her work at www.drbrandon.net, join her on twitter @DrBrandon, and on facebook / DrMarianneBrandon. Dr Brandon is in private practice in Sarasota, Florida.

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, Daphne Fatter, Ph.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2025.

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tzkseminars, LLC
2110 South Eagle Road
P.O. Box 310
Newtown, Pa. 18940