

Sex Tech, Sex Robots and the Future of Intimacy

We are part of a massive social experiment. Sex, gender, and relationship dynamics are changing faster than at any point in the history of humanity, and all within the backdrop of exploring sex tech and artificial intelligence. Younger generations are increasingly comfortable with technology interfacing their lives, even in intimate ways. Today, virtual reality porn, sex with avatars, and chatbot girlfriends are increasingly commonplace. Experts predict that within 20-50 years, robots that move and interact in humanoid ways will be affordable for many. It is thus conceivable that an infant born today could have their first sexual experience with a robot. While human intimacy remains the gold standard, sex tech will be increasingly compelling to the degree it satisfies unmet needs. Mental health professionals will better serve their clients if they understand these new technologies, as well as the potential positive and negative impact these developments in sex tech and AI can soon have on sex and intimacy.

Target Audience

Psychologists Social Workers Counselors
Therapists Psychiatrists Nurses
Course level: Intermediate

Learning Objectives

At the end of this seminar, participants will be able to:

1. Identify at least three advances in sex tech today that may already be impacting clients' intimate relationships.
2. Recognize four potential risks to the availability of sex robots.
3. Distinguish four potential benefits of sex robots to individuals and couples.
4. Explain three likely challenges that sex robots will bring to intimate relationships.
5. Articulate three legal issues catalyzed by sex robots.

Seminar Schedule

Typically begins at 11:00 PM and ends at 1 PM Eastern time. There is one 15 minute break. However, check the webinar schedule.

Outline

11AM EST Begin

Overview of developments in sex tech over last 20 years
Discussion of current trends in today's intimate landscape
Development and use of non-sexual robots
New developments in sex tech today
Today's sex dolls and the sex robots of the future
Sex robots as supernormal stimuli
The evolutionary reasons why sex robots will be more appealing for men
Expected benefits of sex robots
Expected risks of sex robots
Relevant legal issues and controversies
Challenges we can expect in our therapy rooms
Our tasks as therapists as we prepare for the future of sex

1 PM Ends

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Continuing Education Credit

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The Presenter

Dr. Marianne Brandon is a clinical psychologist and Diplomate in sex therapy. She writes the popular Psychology Today blog "The Future of Intimacy." She is author of *Monogamy: The Untold Story, Unlocking the Sexy in Surrender: Using the Neuroscience of Power to Recharge Your Sex Life*, and co-author of *Reclaiming Desire: 4 Keys to Finding Your Lost Libido*. She co-hosted a talk radio show, is a past book review editor for the American Association of Sex Educators, Counselors, and Therapists, past board member of The International Society for the Study of Women's Sexual Health, and regularly writes and lectures for professional and lay audiences. She has served twice as a panel member for FDA hearings evaluating medications relevant to female sexual function. Her areas of expertise include the conceptualizing human sexuality and sexual dysfunction from an evolutionary perspective. You can learn more about her work at www.drbrandon.net, join her on twitter @DrBrandon, and on facebook / DrMarianneBrandon. Dr Brandon is in private practice in Sarasota, Florida.

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This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, Daphne Fatter, Ph.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2025.

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