

Clinical Psychopharmacology Made Ridiculously Simple

Non-prescribing therapists are crucial to the effective and safe use of psychiatric medications by their clients. In contrast to clinicians who focus primarily on medications, therapists generally spend more time with their clients and are more familiar with their history and current situation. They also tend to develop a greater rapport. And considering that most clients diagnosed with depression, anxiety, psychosis, posttraumatic stress disorder, and virtually every other psychiatric disorder receive pharmacological interventions, the non-prescribing therapist needs to understand how psychiatric medications work, their limitations and side effects, and how to help their clients maximize gains through increasing medication compliance. This course is designed to present the non-prescribing mental health practitioner with a review of basic concepts in clinical psychopharmacology and the effective use of common psychiatric medications in the treatment of mental health conditions. Effective medication strategies for treating depression, bipolar disorder, anxiety, psychosis, sleep disorders, and other common psychiatric conditions are covered in detail. Basic general pharmacological concepts such as pharmacodynamics and pharmacokinetics are reviewed as are more specific concepts such as drug absorption, distribution, metabolism, and elimination. You will also become aware of common medication treatment errors to avoid and learn tips for helping your clients become more educated about the medications they take as well as help them manage their side effects.

Target Audience

Psychologists Social Workers Counselors
Therapists Psychiatrists Nurses

Course level: Intermediate

Learning Objectives

At the end of this seminar, participants will be able to:

1. Summarize the concepts of pharmacodynamics and pharmacokinetics in clinical psychopharmacology.
2. List the different reasons non-prescribers should understand clinical psychopharmacology.
3. Describe the effective treatment of depressive disorders with psychotropic medications.
4. Describe the effective treatment of anxiety disorders with psychotropic medications.
5. Describe the effective treatment of psychotic disorders with psychotropic medications.

Seminar Schedule

Typically begins at 10:00 AM and ends at 1:15 PM Eastern time. There is one 15 minute break. However, check the webinar schedule.

Outline

Begin 10AM EST

Pharmacology and Neurobiology
Neurotransmission
Pharmacodynamics
Pharmacokinetics
Medication Treatments for Psychiatric Disorders
Depressive Disorders
Bipolar Disorders

Break 11:30-11:45 AM EST

Anxiety Disorders
Psychotic Disorders
Sleep Disorders
Miscellaneous Disorders
Experimental and Over-the-Counter Supplements
Improving Outcomes
Strategies for Increasing Medication Adherence
Troubleshooting Non-Response to Psychiatric Medications
Identifying Potential Reasons for Relapse

END 1:15 PM EST

Our seminars are available in two formats. The first is a live, interactive webinar. If the webinar time is not convenient for you, you can purchase the Home Study version. It is a recorded version of the webinar. You will have to pass a test to earn CE's for both the live webinar and the Home Study version.

Continuing Education Credit

To earn CE's, you must attend the entire webinar. No partial credit is available. For both the webinar and the home study version, you will have to pass a post-test with 80% correct and complete a seminar evaluation to earn the certificate. You can take the test up to three times. Participants will earn 3 CE's for attending once they have completed these requirements.

PSYCHOLOGISTS: tzkseminars is approved by the American Psychological Association to sponsor continuing education for psychologists. tzkseminars maintains responsibility for this program and its content.

SOCIAL WORKERS: tzkseminars (Provider # 1242) is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. tzkseminars maintains responsibility for this course. ACE provider approval period: 3/28/2022 to 3/28/2025. Social workers completing this course receive 3 general continuing education credits.

COUNSELORS: tzkseminars has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6621. Programs that do not qualify for NBCC credit are clearly identified. tzkseminars is solely responsible for all aspects of the programs.

tkkseminars is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0024.

tkkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists #0001.

tkkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #0003.

tkkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #0004.

tkkseminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts #0002.

tkkseminars is recognized by the New York State Education Department's State Board for Psychologists as an approved provider of continuing education for licensed psychologists #PSY-003.

tkkseminars is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

The Presenter

Bret A. Moore, Psy.D., ABPP is Vice Chair of the Boulder Crest Institute for Posttraumatic Growth and a clinical and prescribing psychologist based in San Antonio, Texas. He is a former active duty Army psychologist and completed two tours (27 months) in Iraq as a Clinical Psychologist and held the positions of Chief of Clinical Operations and Officer in Charge of Preventative services while deployed. He is the author and editor of 20 books, including Handbook of Clinical Psychopharmacology for Psychologists, Handbook of Clinical Psychopharmacology for Therapists, Child and Adolescent Clinical Psychopharmacology Made Simple, Treating PTSD in Military Personnel: A Clinical Handbook, The Posttraumatic Growth Workbook, Wheels Down: Adjusting to Life after Deployment, and Taking Control of Anxiety: Small Steps for Overcoming Worry, Stress, and Fear. In addition to writing dozens of book chapters and journal articles, Dr. Moore has written feature articles for a number of popular press publications to include Scientific American Mind, The New Republic, Psychology Today, and Military Times. Dr. Moore is a Fellow of the American Psychological Association and recipient of the Charles S. Gersoni Military Psychology Award and the Arthur W. Melton Award for Early Career Achievement in Military Psychology from Division 19 and the Early Career Achievement Award in Public Service Psychology and the Peter J. N. Linnerooth National Service Award from Division 18 of APA. His views on clinical and military psychology have been quoted in USA Today, The New York Times, and The Boston Globe, and on CNN and Fox News. He has appeared on NPR, the BBC, and CBC.

General Information

The TZKseminars educational planning committee members and this seminar's presenter have no relationship with any ineligible companies—those whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients. Individuals with a disability or special need can go to tzkseminar.com to the Contact page to request accommodations.

This seminar has been reviewed and approved by Keith Hannan, Ph.D., Phil Rich, LICSW, Daphne Fatter, Ph.D., and Loreen Yearick, MSN, RN. This approval expires on March 1, 2025.

To cancel a registration, go to the Contact page. You will be charged \$30 for any cancelled registration.

If you would like to file a grievance, go to tzkseminars.com and read our Grievance Policy. Then, you can file a grievance on our Contact page. You can also send a written grievance to:



tkkseminars, LLC
2110 South Eagle Road
P.O. Box 310
Newtown, Pa. 18940